

The Role And Impact Of Artificial Intelligence And Social-Emotional Learning In The Social Pedagogue's Work With Children With Special Educational Needs

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ABSTRACT

This study examines the impact of integrating Artificial Intelligence (AI) and Social-Emotional Learning (SEL) tools into pedagogical practices for children with Special Educational Needs (SEN). Using a mixed-methods approach, quantitative data were gathered from 60 educators and 150 SEN students, supplemented by qualitative insights from educator interviews and classroom observations. Results showed significant improvement in both academic and social-emotional outcomes, with academic scores increasing from 65.4 to 74.8 ($t(149) = 12.15, p < .001$) and social-emotional scores rising from 70.2 to 80.5 ($t(149) = 14.02, p < .001$). Positive correlations were found between AI tool usage and academic improvement ($r = 0.65$) and SEL program implementation and social-emotional gains ($r = 0.72$). Qualitative data confirmed these findings, highlighting that AI supports personalized learning, while SEL promotes emotional regulation and empathy.

In conclusion, the study suggests that the combined implementation of AI and SEL tools creates a holistic, adaptive learning environment for SEN students. The findings indicate a need for professional training to help educators effectively integrate these tools, promoting inclusivity and enhancing educational outcomes.

Keywords: artificial intelligence (AI), social-emotional learning (SEL), special educational needs (SEN), pedagogy, inclusive education, personalized learning, emotional intelligence, student engagement, adaptive learning, educator training, academic performance, social-emotional development, AI tools in education, qualitative analysis, quantitative analysis.

INTRODUCTION

In recent years, the educational landscape has witnessed a transformative shift driven by the integration of Artificial Intelligence (AI) and Social-Emotional Learning (SEL). These advancements have become especially impactful in the context of supporting children with Special Educational Needs (SEN), as educators and pedagogues seek tools that can better cater to diverse and individualized learning requirements. AI has evolved beyond mere data analysis and automation; it now serves as an adaptive partner in the classroom, offering dynamic assessments, personalized learning paths, and real-time feedback tailored to the unique capabilities and challenges of each child. Coupled with SEL, which emphasizes the development of self-awareness, empathy, emotional regulation, and social skills, these tools provide a holistic approach to learning that addresses both academic and emotional growth.

The role of pedagogues in supporting children with SEN is multi-faceted and complex, as it demands not only academic guidance but also significant social and emotional support. AI and SEL tools enable these professionals to extend their reach, ensuring that every child's learning environment is responsive and inclusive. This article examines the symbiotic relationship between AI and SEL in special education, highlighting how their combined implementation redefines the pedagogical approach and enhances the quality of educational outcomes. By exploring practical applications and emerging research, this article aims to uncover how these tools can be effectively utilized to foster an inclusive, empathetic, and adaptive learning environment for children with SEN.

In analyzing the impact and role of artificial intelligence (AI) and social-emotional learning (SEL) in supporting pedagogues working with children with special educational needs (SEN), the literature reveals both promising advancements and critical challenges in applying these tools. Below, we present an analysis of current findings and highlight an open research question regarding their integration in educational settings.

1. Enhancing Personalized Interventions: AI-based tools, including conversational and robotic systems, have shown efficacy in improving engagement and learning outcomes in children with SEN by personalizing support and monitoring individual progress. For example, Kid Space, a conversational AI tool, successfully addressed concerns related to screen time and social interaction, facilitating a balanced educational experience by blending physical and digital spaces ([Aslan et al., 2023](#)). Similarly, AI-driven social robots have been effective in enhancing vocabulary and emotional engagement when adapted to children's knowledge levels ([Chen et al., 2020](#)).

2. Supporting Emotional and Social Development: Studies emphasize that children with SEN benefit from AI systems when they incorporate elements promoting emotional intelligence (EQ). One study found that AI could significantly improve social responsibility and engagement through structured activities like the Teaching Games for Understanding (TGfU) model ([Dimmick, 2022](#)).

3. Challenges of Implementation: Despite these benefits, integrating AI into pedagogy for SEN is complex, with educators expressing a need for clearer guidelines on effectively incorporating AI for SEN applications. Varynskyi et al. (2023) point out that for AI to be impactful, educators must shift AI's role beyond a mere tool to that of a meaningful "subject" that enhances understanding ([Varynskyi et al., 2023](#)).

4. SEL's Positive Impact on Academic and Social Skills: Implementing SEL programs has been widely shown to yield significant gains in children's social skills, emotional stability, and academic performance ([Durlak et al., 2011](#)). Moreover, SEL has been found critical in helping SEN students adapt and succeed in inclusive settings by fostering resilience and emotional control ([Sandu & Bîrzu, 2023](#)).

5. Addressing Behavioral and Social Barriers: For children with emotional and behavioral challenges, SEL tools provide strategies for self-regulation and improved social interactions. Studies show that these competencies, when developed early, mitigate the risks of mental health issues such as anxiety and depression, which are prevalent among children with SEN ([Young et al., 2019](#)).

6. Limitations in SEL Implementation: Although effective, the application of SEL programs varies widely across educational environments. Factors such as educator confidence, group size, and institutional support impact SEL's effectiveness in practice. Educators note a need for consistent, practical SEL strategies that integrate seamlessly into daily pedagogical practices ([Blewitt et al., 2021](#)).

The integration of AI and SEL in pedagogy for children with SEN holds significant promise but remains challenged by implementation barriers and the need for adaptive, consistent strategies. While AI shows potential in enhancing individualized learning and SEL reinforces emotional resilience, the question of how to harmonize these approaches into a unified, sustainable model of support for SEN students remains open. Future research might explore how to standardize adaptive AI and SEL interventions that respect individual learner profiles and provide educators with clear, scalable frameworks for implementation. This could fundamentally enhance the pedagogical approach, offering holistic support for SEN students in diverse learning environments.

RESEARCH METHODOLOGY

This study employs a mixed-methods research design to comprehensively explore the role and impact of Artificial Intelligence (AI) and Social-Emotional Learning (SEL) in the pedagogical work with children with Special Educational Needs (SEN). The combination of quantitative and qualitative approaches allows for a robust analysis of both measurable outcomes and nuanced experiences associated with AI and SEL integration in special education settings.

RESEARCH DESIGN

A concurrent mixed-methods design was chosen to collect and analyze quantitative and qualitative data simultaneously. This design facilitates triangulation, enhancing the validity and reliability of the findings by cross-verifying data from multiple sources.

PARTICIPANTS

- **Social Pedagogues:** The study involved 60 pedagogues specializing in SEN across ten inclusive schools known for implementing AI and SEL tools. Participants were selected using purposive sampling to ensure they had direct experience with these technologies.

- **Students:** Indirect data were gathered concerning 150 students with SEN aged 6-12 years, representing a range of disabilities including autism spectrum disorders, learning disabilities, and emotional-behavioral disorders.

DATA COLLECTION METHODS

Quantitative Methods

- **Surveys:** Structured questionnaires were administered to the pedagogues to quantify their perceptions of AI and SEL effectiveness, frequency of tool usage, and observed student outcomes. The surveys utilized Likert scales, multiple-choice questions, and ranking items to capture measurable data.

- **Performance Metrics:** Academic and social-emotional performance data of students were collected through standardized assessments and progress reports to evaluate the impact of AI and SEL tools on student learning outcomes.

Qualitative Methods

- **Semi-Structured Interviews:** In-depth interviews were conducted with 20 selected pedagogues to gain insights into their experiences, challenges, and successes with AI and SEL integration. An interview guide ensured consistency while allowing flexibility for participants to share detailed narratives.

- **Classroom Observations:** Non-participant observations were carried out in 15 classrooms to witness firsthand the implementation of AI and SEL tools. Field notes focused on teacher-student interactions, student engagement, and the contextual use of technologies.

- **Document Analysis:** Educational plans, lesson materials, and tool usage logs were reviewed to understand how AI and SEL are embedded in curriculum planning and execution.

DATA ANALYSIS METHODS

Quantitative Analysis

- **Descriptive Statistics:** Frequencies, means, and standard deviations were calculated to summarize survey responses and student performance data.

- **Inferential Statistics:** Correlation and regression analyses were conducted to examine relationships between AI/SEL tool usage and student outcomes. Statistical significance was determined at the $p < .05$ level.

Qualitative Analysis

- **Thematic Analysis:** Interview transcripts and observation notes were analyzed using coding techniques to identify recurring themes and patterns. NVivo software facilitated the organization of codes and themes.

- **Content Analysis:** Documents were systematically examined to extract relevant information about curriculum integration and pedagogical strategies involving AI and SEL.

ETHICAL CONSIDERATIONS

- **Informed Consent:** All participants received detailed information about the study's purpose, procedures, risks, and benefits. Written consent was obtained from pedagogues and from parents or guardians for any student-related data.

- **Confidentiality:** Data were anonymized by assigning codes to participants and schools. All electronic data were stored on encrypted devices.

VALIDITY AND RELIABILITY

- **Pilot Testing:** The survey instrument was pilot-tested with a small group of educators to refine questions for clarity and relevance.

- **Triangulation:** Combining multiple data sources and methods strengthened the study's validity by cross-verifying findings.

- **Member Checking:** Participants reviewed interview summaries to confirm accuracy and authenticity of the recorded information.

• **Inter-Rater Reliability:** Multiple researchers independently coded qualitative data and discussed discrepancies to reach consensus, enhancing reliability.

LIMITATIONS

• **Sample Representativeness:** The use of purposive sampling and focus on schools already implementing AI and SEL may limit the generalizability of results to other settings.

• **Self-Reporting Bias:** Educators' responses may be influenced by personal beliefs or desire to present their practices favorably.

• **Rapid Technological Changes:** The fast-paced evolution of AI tools may render some findings time-sensitive, necessitating ongoing research.

By employing a mixed-methods approach, this study aims to provide a nuanced understanding of how AI and SEL tools affect pedagogical practices and student outcomes in special education. The integration of quantitative and qualitative data offers a comprehensive perspective, informing educators, policymakers, and stakeholders about effective strategies and areas needing support or improvement.

Results

Let us present the findings of the study, analyzing both quantitative and qualitative data to evaluate the impact of Artificial Intelligence (AI) and Social-Emotional Learning (SEL) tools on pedagogical practices and student outcomes in Special Educational Needs (SEN) settings.

Quantitative Results

Educator Survey Analysis

A total of 60 pedagogues specializing in SEN participated in the survey. The survey assessed their perceptions of AI and SEL effectiveness, frequency of tool usage, and observed student outcomes.

Frequency of AI and SEL Tool Usage

• **AI Tools Usage:** On average, educators reported using AI tools in their classrooms 3.5 times per week (SD = 1.2).

• **SEL Programs Implementation:** SEL activities were integrated into lessons an average of 4.8 times per week (SD = 0.9).

Perceived Effectiveness of AI and SEL Tools

Educators rated the effectiveness of AI and SEL tools on a Likert scale from 1 (Not Effective) to 5 (Highly Effective). The mean scores were:

• **AI Tools:** M = 4.2, SD = 0.6

• **SEL Programs:** M = 4.5, SD = 0.5

Table 1: Educator Perceptions of AI and SEL Effectiveness

Tool Type	Mean Effectiveness Score	Standard Deviation
AI Tools	4.2	0.6
SEL Programs	4.5	0.5

Student Performance Metrics

Academic and social-emotional performance data were collected for 150 students with SEN. The students were assessed using standardized tests before and after a 12-week intervention period during which AI and SEL tools were integrated into their learning.

Academic Performance Improvement

• Pre-Intervention Mean Score: 65.4 (SD = 10.5)

• Post-Intervention Mean Score: 74.8 (SD = 9.2)

Calculated Mean Difference:

$$\Delta \text{Mean} = \text{Post-Intervention Mean} - \text{Pre-Intervention Mean} = 74.8 - 65.4 = 9.4$$

A paired-sample t-test was conducted to evaluate the significance of the improvement.

Paired-Sample t-Test Results:

$$t(149) = 12.15, p < .001$$

This indicates a statistically significant improvement in academic performance following the intervention.

Social-Emotional Competence Improvement

Students were assessed using the Social Skills Improvement System (SSIS) Rating Scales.

• **Pre-Intervention Mean Score:** 70.2 (SD = 8.7)

● **Post-Intervention Mean Score:** 80.5 (SD = 7.9)

Calculated Mean Difference:

$$\Delta \text{Mean} = 80.5 - 70.2 = 10.3$$

Paired-Sample t-Test Results:

$$t(149) = 14.02, p < .001$$

Correlation Between AI/SEL Usage and Student Outcomes

Pearson correlation coefficients were calculated to examine the relationships between the frequency of AI and SEL tool usage and student performance improvements.

● **AI Tool Usage and Academic Improvement:** $r=0.65, p<.001$

● **SEL Program Implementation and Social-Emotional Improvement:** $r=0.72, p<.001$

Multiple Regression Analysis

A multiple regression analysis was conducted to predict student academic improvement based on the frequency of AI tool usage and SEL program implementation.

Regression Equation:

$$\hat{Y} = \beta_0 + \beta_1 X_{AI} + \beta_2 X_{SEL}$$

Where:

\hat{Y} = Predicted academic improvement

X_{AI} = Frequency of AI tool usage

X_{SEL} = Frequency of SEL program implementation

Results:

● β_0 (Intercept): **2.3** (SE = 1.1, $p = .035$)

● β_1 (AI Tool Usage): **1.8** (SE = 0.3, $p < .001$)

● β_2 (SEL Implementation): **1.2** (SE = 0.4, $p = .002$)

Model Summary:

● $R^2 = 0.58$

● $F(2, 147) = 102.35, p < .001$

This model explains 58% of the variance in academic improvement, indicating that both AI tool usage and SEL implementation are significant predictors.

Table 2: Multiple Regression Coefficients

Predictor	Unstandardized Coefficient (β)	Standard Error (SE)	t-value	p-value
Intercept	2.3	1.1	2.09	.035
AI Tool Usage	1.8	0.3	6.00	< .001
SEL Implementation	1.2	0.4	3.00	.002

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Qualitative Results

Thematic Analysis of Interviews

Twenty pedagogues participated in semi-structured interviews. Thematic analysis identified four major themes:

1.Enhanced Individualization of Learning

▪ Educators reported that AI tools allowed for customization of lesson content to meet individual student needs.

▪ "The adaptive algorithms adjust the difficulty level in real-time, which keeps students engaged and challenged," noted Participant E7.

2.Improved Student Engagement and Motivation

▪ Both AI and SEL tools were credited with increasing student interest.

▪ "Interactive AI applications make learning fun, and SEL activities help students connect emotionally," stated Participant E12.

3.Challenges with Technology Integration

- Some educators faced difficulties with the technical aspects of AI tools.
- "There is a learning curve, and not all staff are comfortable with the technology," mentioned Participant E3.

4.Positive Impact on Social-Emotional Skills

- SEL programs contributed to better classroom dynamics and student relationships.
- "Students are more empathetic and better at expressing their feelings," observed Participant E15.

Classroom Observations

Fifteen classrooms were observed to witness the application of AI and SEL tools.

Student-Teacher Interactions

- Increased one-on-one interactions were noted due to AI handling routine tasks.
- Teachers were able to focus more on facilitating discussions and addressing individual concerns.

Student Engagement Levels

- High levels of on-task behavior were observed, with students actively participating in AI-led activities.
- SEL activities promoted cooperative learning and peer support.

Integration of Quantitative and Qualitative Findings

The quantitative data demonstrated significant improvements in both academic and social-emotional outcomes for students with SEN following the integration of AI and SEL tools. The positive correlations and significant regression coefficients suggest that increased usage of these tools contributes meaningfully to student progress.

Qualitative data provided contextual understanding of these improvements. Educators highlighted the role of AI in personalizing learning and increasing engagement, which aligns with the observed academic gains. Similarly, the emphasis on SEL's impact on emotional skills corroborates the improvements in social-emotional assessments.

Statistical Formulas Used

1.Paired-Sample t-Test Formula:

$$t = \frac{\bar{D}}{SE_D} = \frac{\frac{SD_D}{\sqrt{n}}}{\sqrt{n}}$$

Where:

\bar{D} = Mean difference between paired observations

SE_D = Standard error of the differences

SD_D = Standard deviation of the differences

n = Number of pairs

2.Pearson Correlation Coefficient:

$$r = \frac{\sum_{i=1}^n (X_i - \bar{X})(Y_i - \bar{Y})}{\sqrt{\sum_{i=1}^n (X_i - \bar{X})^2 \sum_{i=1}^n (Y_i - \bar{Y})^2}}$$

3.Multiple Regression Equation:

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \dots + \epsilon$$

Where:

Y = Dependent variable

β_0 = Intercept

β_1, β_2 = Regression coefficients

X_1, X_2 = Independent variables

ϵ = Error term

Summary of Findings

- ✓ There was a statistically significant improvement in academic performance and social-emotional competencies among students with SEN after integrating AI and SEL tools.

- ✓ Educators perceive both AI and SEL tools as highly effective, corroborated by quantitative improvements in student outcomes.
- ✓ Positive correlations indicate that higher frequencies of AI and SEL tool usage are associated with greater improvements in student performance.
- ✓ Qualitative data support quantitative findings, highlighting enhanced individualization, increased engagement, and improved social-emotional skills.

Limitations of Results

- **Sample Bias:** The study focused on schools already implementing AI and SEL tools, which may not represent all educational settings.
- **Self-Reporting:** Educator surveys and interviews may be subject to bias.
- **Short Intervention Period:** The 12-week duration may not capture long-term effects.

So, the integration of AI and SEL tools in pedagogical practices for children with SEN has demonstrated significant positive impacts on both academic and social-emotional outcomes. The combination of quantitative data analysis and qualitative insights provides a comprehensive understanding of how these tools can enhance educational experiences for students with special needs.

Discussion

The present study aimed to explore the impact of integrating Artificial Intelligence (AI) and Social-Emotional Learning (SEL) tools into pedagogical practices for children with Special Educational Needs (SEN). The quantitative and qualitative findings collectively suggest that the incorporation of AI and SEL significantly enhances both academic performance and social-emotional competencies among SEN students.

Interpretation of Findings

Enhanced Academic Performance

The quantitative results indicated a statistically significant improvement in academic performance post-intervention. The mean academic scores increased from 65.4 to 74.8, with a mean difference of 9.4 ($t(149) = 12.15$, $p < .001$). The positive correlation between AI tool usage and academic improvement ($r = 0.65$, $p < .001$) underscores the role of AI in facilitating personalized learning experiences. The multiple regression analysis further revealed that AI tool usage is a significant predictor of academic improvement ($\beta_1 = 1.8$, $p < .001$), accounting for a substantial portion of the variance ($R^2 = 0.58$).

These findings align with previous research by Aslan et al. (2023), which highlighted the efficacy of AI-based tools like Kid Space in enhancing engagement and learning outcomes through personalized support. The adaptive nature of AI allows educators to tailor instruction to individual student needs, which is particularly beneficial for SEN students who require customized learning approaches.

Improved Social-Emotional Competencies

The social-emotional competencies of students showed a significant increase, with mean SSIS scores rising from 70.2 to 80.5 and a mean difference of 10.3 ($t(149) = 14.02$, $p < .001$). The strong correlation between SEL program implementation and social-emotional improvement ($r = 0.72$, $p < .001$) indicates that SEL activities play a crucial role in developing students' emotional intelligence and social skills. The regression analysis confirmed SEL implementation as a significant predictor of social-emotional gains ($\beta_2 = 1.2$, $p = .002$).

This supports the findings of Durlak et al. (2011) and Sandu & Birzu (2023), who emphasized the positive impact of SEL programs on students' social skills, emotional stability, and academic performance. For SEN students, the development of social-emotional competencies is vital for adapting to inclusive educational settings and fostering resilience.

Synergistic Effects of AI and SEL

The integration of AI and SEL appears to have a synergistic effect on student outcomes. Educators reported that AI tools not only enhanced academic learning but also supported SEL by providing interactive and engaging platforms for students to practice social skills. The multiple regression model suggests that the combined use of AI and SEL tools contributes significantly to academic improvement.

The qualitative data reinforce this synergy, with educators noting increased student engagement and motivation resulting from the use of interactive AI applications coupled with SEL activities. This combination fosters a holistic learning environment where cognitive and emotional development are addressed simultaneously.

Implications for Pedagogical Practices

The findings have several implications for educators and policymakers:

Personalized Learning: AI tools enable the customization of instruction to meet individual student needs, which is essential for SEN students. Educators should consider incorporating AI applications that adapt to students' learning paces and styles.

Emphasis on SEL: Integrating SEL into daily lessons enhances social-emotional competencies, which are critical for the overall development of SEN students. Schools should prioritize SEL programs and provide training for educators to effectively implement them.

Professional Development: To overcome challenges related to technology integration, professional development opportunities should be provided to educators. This will enhance their confidence and competence in using AI tools.

Limitations

While the study provides valuable insights, several limitations must be acknowledged:

Sample Bias: The use of purposive sampling and focus on schools already implementing AI and SEL tools may limit the generalizability of the results. Future studies should include a more diverse range of schools and settings.

Self-Reporting Bias: The reliance on educators' self-reported data may introduce bias. Participants may have provided socially desirable responses regarding the effectiveness of AI and SEL tools.

Short Intervention Duration: The 12-week intervention period may not capture the long-term effects of AI and SEL integration. Longitudinal studies are needed to assess the sustainability of the observed improvements.

Rapid Technological Advancements: The fast-paced evolution of AI technologies means that the tools used in this study may become outdated quickly. Ongoing research is necessary to evaluate new AI applications.

Future Research Directions

Building on the findings and addressing the limitations, future research should:

Conduct Longitudinal Studies: Examine the long-term impact of AI and SEL integration on student outcomes to assess the sustainability of benefits.

Expand Sample Diversity: Include a broader range of educational settings, including schools not currently utilizing AI and SEL tools, to enhance generalizability.

Explore Specific AI Applications: Investigate which specific features of AI tools are most effective for SEN students to inform the development of targeted interventions.

Assess Educator Training Needs: Examine the professional development needs of educators to effectively integrate AI and SEL, and evaluate training programs designed to meet these needs.

Conclusion

The integration of Artificial Intelligence and Social-Emotional Learning tools into pedagogical practices significantly enhances academic performance and social-emotional competencies among children with Special Educational Needs. The study's findings highlight the transformative potential of combining AI's capacity for personalized learning with SEL's focus on emotional and social development. This holistic approach addresses the multifaceted needs of SEN students, promoting both cognitive and emotional growth.

Educators perceive AI and SEL tools as highly effective, and the positive student outcomes support this perception. The synergistic effect of these tools suggests that their combined implementation can redefine pedagogical strategies, leading to more inclusive and adaptive learning environments.

However, the successful integration of AI and SEL requires addressing challenges such as technological barriers and the need for educator training. Policymakers and educational institutions should invest in resources and professional development to support educators in this endeavor.

In conclusion, embracing AI and SEL in special education holds significant promise for enhancing the quality of educational outcomes for SEN students. By fostering an inclusive, empathetic, and adaptive learning environment, educators can better meet the diverse needs of their students, preparing them for success both within and beyond the classroom.

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