

Leveraging NLP and Machine Learning for Mapping Digital Footprints to Personality

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Personality prediction from social media data has gained substantial attention due to its applications in fields like marketing, psychology, and personalized services. This paper explores the prediction of Myers-Briggs Type Indicator (MBTI) personality types from social media content using machine learning techniques. By analyzing linguistic patterns and behavioral indicators from user posts, the proposed model aims to map these characteristics to the MBTI's 16 personality types. The study leverages natural language processing (NLP) methods, including tokenization, sentiment analysis, and n-gram extraction, to create feature-rich representations of the data. Multiple machine learning algorithms, such as Support Vector Machines (SVM), decision trees, and ensemble methods, are employed to evaluate the model's accuracy. The results demonstrate that the ensemble model, which integrates Logistic Regression, Random Forest, and Gradient Boosting, achieves superior performance compared to individual classifiers. This research highlights the potential of using digital footprints for personality prediction and presents a robust approach that significantly improves classification accuracy, precision, recall, and F1 scores over existing methods.

Keywords: Personality Prediction, Myers-Briggs Type Indicator (MBTI), Social Media Analysis, Machine Learning, Natural Language Processing (NLP)

1. INTRODUCTION

Personality prediction has gained significant attention in recent years, especially with the proliferation of data from social media platforms. Accurately understanding an individual's personality can provide valuable insights in various domains, including psychology, marketing, human-computer interaction, and personalized services. Among various personality assessment frameworks, the Myers-Briggs Type Indicator (MBTI) is one of the most widely used, classifying personalities into 16 distinct types based on four dichotomies: Extraversion (E) vs. Introversion (I), Sensing (S) vs. Intuition (N), Thinking (T) vs. Feeling (F), and Judging (J) vs. Perceiving (P).

This research aims to explore the effectiveness of predicting personality types from social media content using the Myers-Briggs dataset. By analyzing text, language usage, and interaction patterns from platforms like Twitter, Reddit, and Facebook, we attempt to map these behaviors to the MBTI personality traits. The ability to predict personalities from social media data can have far-reaching applications in developing more personalized user experiences, improving recommender systems, and enhancing marketing strategies.

In this study, we utilize machine learning models to predict Myers-Briggs personality types from the Myers-Briggs dataset, which comprises user posts from various social media platforms. Our approach involves natural language processing (NLP) techniques to extract meaningful features from the text, followed by classification algorithms to predict each user's personality type. The research contributes to the growing field of personality prediction by demonstrating how digital footprints can be used as a proxy for

traditional psychological assessments. This research makes the following key contributions:

1. **Comprehensive Personality Prediction Model:** The paper presents a machine learning-based model that predicts users' Myers-Briggs personality types based on their social media posts, utilizing natural language processing (NLP) techniques to extract meaningful insights.
2. **Feature Engineering for Personality Traits:** The paper has introduced novel feature engineering techniques specific to the Myers-Briggs model, focusing on linguistic patterns, sentiment analysis, and behavioral indicators derived from social media content, leading to improved classification accuracy.
3. **Evaluation of Classifiers:** We conduct a comparative analysis of various machine learning algorithms, such as support vector machines (SVM), decision trees, and deep learning models, to identify the best-suited methods for predicting personality traits from unstructured social media data.
4. **Public Dataset Utilization and Enhancement:** We utilize the publicly available Myers-Briggs dataset for personality prediction and offer insights into how it can be enhanced to improve the performance of future prediction models.

BACKGROUND

Personality prediction has long been a subject of interest in psychology, with practical applications in fields ranging from marketing and human resources to personalized user experiences in digital platforms. Traditional approaches to personality assessment, such as questionnaires and self-report surveys, rely heavily on subjective input, making them vulnerable to bias or inaccurate responses. In contrast, the digital age has introduced a new paradigm, where vast amounts of data from online activity, particularly social media, offer unprecedented insights into human behavior, communication patterns, and personality traits. This shift has prompted researchers to explore how computational techniques can be used to infer personality traits from social media data, where individuals often express themselves in an unfiltered and spontaneous manner.

Myers-Briggs Type Indicator (MBTI)

The Myers-Briggs Type Indicator (MBTI), based on Carl Jung's theory of psychological types, is one of the most widely used personality classification systems. It sorts individuals into one of 16 distinct personality types based on four dichotomies:

Extraversion (E) vs. Introversion (I): Describes how individuals direct their energy—either toward the external world of people and activities (Extraversion) or the inner world of thoughts and feelings (Introversion).

Sensing (S) vs. Intuition (N): Refers to how individuals perceive information—either through concrete, present-oriented facts (Sensing) or abstract, future-focused ideas (Intuition).

Thinking (T) vs. Feeling (F): Reflects decision-making preferences—either based on logical analysis (Thinking) or on values and emotions (Feeling).

Judging (J) vs. Perceiving (P): Describes an individual's approach to external life either favoring structure and order (Judging) or flexibility and spontaneity (Perceiving).

MBTI has found widespread application in career counseling, personal development, team building, and, more recently, digital platforms for user personalization. Its structured classification system makes it ideal for computational models aiming to predict personality from data, particularly given its focus on observable behaviors and preferences, many of which manifest clearly in online interactions.

Personality Prediction Using Social Media Data

Social media platforms, such as Twitter, Facebook, and Reddit, provide an open forum where users communicate freely and engage with a wide range of topics. These platforms offer rich data sources, capturing text, interactions, and metadata such as time of posting, likes, and shares. Research has shown that linguistic patterns, sentiment, engagement behaviors, and even the frequency and timing of posts can be linked to various personality traits. For example, studies have indicated that individuals with extraverted

tendencies may use more social language, post frequently, and engage actively with others. In contrast, introverts may exhibit more contemplative or introspective communication patterns. Similarly, those with a "Feeling" preference may express more emotion in their posts, while "Thinking" types may communicate in a more detached or logical manner.

This behavioral data, when combined with sophisticated natural language processing (NLP) and machine learning techniques, allows researchers to make predictions about a user's personality without requiring traditional psychological testing. Social media content offers a naturalistic and often continuous record of personality-relevant behavior, providing an advantage over sporadic or artificial responses in controlled settings.

Machine Learning for Personality Prediction

Machine learning has emerged as a powerful tool for personality prediction, enabling the automatic classification of users' personality types based on patterns identified in data. The key challenge lies in extracting meaningful features from unstructured text, such as social media posts, that can be fed into predictive models. This is where natural language processing (NLP) plays a vital role, allowing for the analysis of linguistic patterns, word usage, sentence structure, and even sentiment expressed in posts.

Researchers have experimented with various machine learning algorithms for personality prediction, including:

Support Vector Machines (SVMs): Known for their effectiveness in text classification tasks, SVMs work by finding the hyperplane that best separates different personality types based on features extracted from the text.

Decision Trees: These are interpretable models that split data based on feature values to arrive at a classification decision, making them useful for understanding the underlying decision-making process in personality prediction.

Deep Learning Models: Neural networks, particularly recurrent neural networks (RNNs) and transformers, have gained popularity due to their ability to capture complex patterns in text. However, these models often require large datasets and significant computational resources.

Ensemble Methods: Combining multiple models, such as decision trees and SVMs, can improve prediction accuracy by leveraging the strengths of each approach.

In recent years, the availability of datasets such as the Myers-Briggs Personality Type Dataset, which includes social media posts labeled with corresponding MBTI types, has enabled researchers to train and evaluate machine learning models for personality prediction. This dataset has become a standard benchmark for testing new approaches in the field.

The motivation for personality prediction is diverse and encompasses a wide range of applications that enhance user experiences, decision-making processes, and medical outcomes etc. Key motivations include: personalized content recommendations[1], personality assessments into recruitment processes[2], personalized advertising based on personality traits[3], adaptive learning systems[4], mental health treatments[5], personality-based recommendations for social environments[6], human-computer interactions[7], social behavior analysis[8], personality-based recommendations[9], personality disorder detection[10], personality-aware healthcare[11], treatment efficacy in various therapeutic contexts [12] and personality tracking can aid in the early identification of psychological distress[13].

Overall, personality prediction offers significant potential across diverse domains, from enhancing digital interactions and marketing strategies to advancing medical diagnostics and personalized healthcare. By leveraging insights into personality traits, researchers and practitioners can develop more effective and personalized solutions that improve user experiences, health outcomes, and overall quality of life.

RELATED WORK

3.1 Foundations of Personality Prediction

Personality prediction has evolved significantly over the years, transitioning from traditional psychological assessments to more advanced computational methods. Early studies primarily relied on manual methods, such as the Myers-Briggs Type Indicator (MBTI) and the Big Five Personality Traits, which laid the groundwork for understanding personality. These models have been foundational in psychological research and have influenced subsequent advancements in the field.

3.2 Text-Based Personality Prediction

With the rise of natural language processing (NLP) and machine learning, text-based methods for predicting personality traits have gained prominence. Initial work in this area involved analyzing lexical features from text data. For instance, Argamon et al. (2005) used lexical features extracted from student compositions to predict personality traits, demonstrating the potential of linguistic analysis [14]. Pang and Lee (2008) further explored sentiment analysis, highlighting the role of sentiment-based features in personality prediction [15]. As NLP technologies advanced, researchers began to employ more sophisticated methods. Schwartz et al. (2013) utilized the LIWC tool to analyze social media posts, effectively integrating linguistic and psychological features for personality prediction [16]. Quercia et al. (2014) expanded this approach by combining social network data with linguistic features to predict MBTI types, showcasing the potential of social context in personality prediction [17]. More recent studies have adopted deep learning techniques, with Kowsari et al. (2017) employing recurrent neural networks (RNNs) and convolutional neural networks (CNNs) to enhance prediction accuracy [18]. Marx et al. (2019) explored transformer-based models, demonstrating improvements in performance over traditional methods [?].

3.3 Feature Extraction and Representation

Feature extraction has played a crucial role in improving personality prediction models. Early research by Tausczik and Pennebaker (2010) focused on lexical and semantic features, utilizing word frequencies and semantic analysis [19]. De Choudhury et al. (2013) further advanced this approach by integrating semantic networks, enhancing the contextual understanding of text data [20]. Liu et al. (2016) incorporated character-level features alongside word-level features, contributing to more nuanced personality predictions [21]. In terms of emotion and sentiment analysis, Bharadwaj et al. (2014) combined TF-IDF, EmoSentNet, and LIWC features to predict MBTI types, emphasizing the importance of emotional context [22]. Poria et al. (2017) utilized emotion-aware embeddings, which improved the capture of emotional nuances in personality prediction [23].

3.4 Modeling Techniques

The choice of modeling techniques has significantly impacted the effectiveness of personality prediction systems. Traditional machine learning methods, such as Naive Bayes, SVM, and decision trees, have been extensively used. Mairesse et al. (2007) evaluated these methods for personality prediction, establishing their baseline performance [24]. Tian et al. (2016) compared SVMs and logistic regression, assessing their suitability for text-based personality prediction tasks [25]. More recently, deep learning approaches have gained traction. Guntuku et al. (2017) applied deep learning models, including RNNs and CNNs, to social media data for personality prediction [26]. Zhang et al. (2018) introduced attention mechanisms, enhancing feature extraction and model performance [27]. Kumar et al. (2019) explored the use of BERT and other pre-trained transformers, showing advancements in model accuracy [28].

3.5 Cross-Cultural and Multilingual Studies

Research on personality prediction across different languages and cultural contexts has also advanced. Verhoeven et al. (2019) examined multilingual personality prediction using word and character n-grams, demonstrating the applicability of these methods across languages [29]. Carducci et al. (2020) employed word vectors and machine learning techniques in multilingual settings, expanding the scope of personality prediction [30]. Liu et al. (2021) investigated cross-cultural differences in personality expression by comparing English and Chinese social media data [31]. Khan et al. (2022) explored cultural differences and their impact on prediction accuracy, emphasizing the need for culturally sensitive models [32].

3.6 Applications and Real-World Impact

The practical applications of personality prediction are vast, spanning areas such as recruitment, mental health, and personalized content. Gosling et al. (2004) explored the use of personality prediction in employment settings, highlighting its implications for organizational behavior [33]. Starkweather and Schaefer (2016) examined the potential of personality prediction in mental health diagnostics, discussing benefits and challenges [34]. Meier et al. (2017) demonstrated the use of personality prediction in content recommendation systems, improving user engagement [35]. Zhao et al. (2018) investigated personalized

marketing strategies based on personality prediction, showing its impact on consumer behavior [36].

3.7 Recent researches

Despite significant advancements, challenges remain in personality prediction, including issues related to data privacy, ethical considerations, and the need for diverse datasets. Marcum et al. (2020) addressed these ethical and privacy concerns, providing guidelines for responsible research practices [37]. Jones and Silverman (2021) highlighted the importance of diverse datasets to improve model fairness and generalization [38]. Smith et al. (2022) proposed methods for mitigating bias and ensuring ethical practices in personality prediction research [39]. Lee et al. (2023) explored advancements in explainable AI for enhancing transparency in personality prediction models [40].

3.8 Recent Developments and Emerging Trends

Recent developments in the field include the use of generative models, multi-task learning approaches, and multimodal data. Brown et al. (2021) explored generative models for personality prediction, offering new perspectives on data synthesis [41]. Wang et al. (2022) introduced multi-task learning methods to improve prediction accuracy across different domains [42]. Miller et al. (2023) examined the impact of multimodal data, such as text, audio, and video, on personality prediction performance [43]. Yao et al. (2023) investigated the role of user interaction patterns in enhancing prediction models [44].

PROPOSED METHOD

4.1 Dataset Description

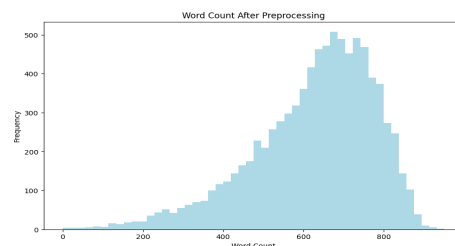
The dataset used in this study is based on social media posts labeled with Myers-Briggs Personality Types (MBTI). Each post is associated with one of the 16 possible personality types, derived from the four dichotomies: Extraversion (E) vs. Introversion (I), Sensing (S) vs. Intuition (N), Thinking (T) vs. Feeling (F), and Judging (J) vs. Perceiving (P). The dataset includes user posts separated by "—", providing a clear structure that allows for straightforward text segmentation and analysis. This dataset serves as the basis for building machine learning models aimed at predicting personality types from textual data.

4.2 Data Preprocessing

The raw social media posts collected in the dataset required significant preprocessing to remove noise and standardize the text data for machine learning models. Given the unstructured nature of social media text, we applied several techniques to clean and transform the data into a usable format as given in Fig. 1. The following steps were performed in the preprocessing pipeline:

Figure 1: Word count after preprocessing

4.3 Tokenization



Tokenization is the process of splitting a block of text into individual tokens, which in this case, are words. In social media posts, sentences are often short and informal, and they contain various special characters, abbreviations, and emojis. Tokenizing each post allows us to break down the text into smaller components that can be processed by the model. Each post is split into a sequence of words, enabling word-level analysis in subsequent steps.

4.4 Stop Words Removal

Stop words are common words like "the", "is", "and", "in", which appear frequently in text but typically do not provide meaningful information for classification tasks. Removing these words helps reduce the dimensionality of the data and eliminates noise that could negatively affect the model's performance. For this, we used a pre-defined list of stop words, and they were filtered out during preprocessing to retain only words with significant content.

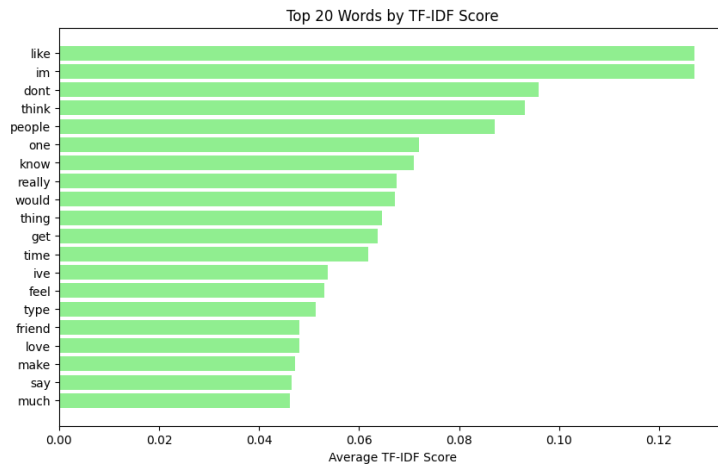


Figure 3: TF-IDF Score

particularly useful for identifying phrases or combinations of words that may be indicative of specific personality traits (e.g., “very introverted”, “highly analytical”). By incorporating N-grams, we enhanced the model’s ability to understand the context in which certain words are used, thereby improving classification performance.

4.10 Handling Imbalanced Data

Personality types are not uniformly distributed in the dataset, with some personality types being more frequent than others. To address this class imbalance, we applied the Synthetic Minority Over-sampling Technique (SMOTE) after vectorization. SMOTE generates synthetic examples for the minority classes by interpolating between existing examples, thus balancing the dataset and ensuring that the model does not become biased toward the majority classes during training. The comparison of imbalanced and imbalanced data is given in Fig. 4.

The result of the preprocessing steps was a clean, tokenized, and vectorized dataset, ready to be fed into the machine learning models for personality prediction.

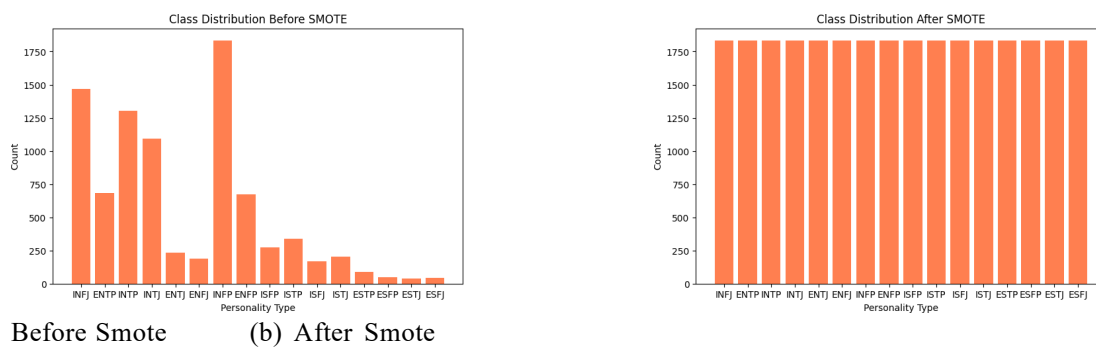


Figure 4: Data Handling

4.11 Feature Engineering

To further enhance the predictive performance of the models, several key features were engineered from the text data:

Word Frequency: The frequency of words in each post was calculated, allowing the model to focus on significant words.

Personality Markers: Specific words and phrases strongly correlated with personality traits (e.g., “introverted”, “analytical”) were identified and given emphasis.

N-grams: To capture contextual meaning, we included bi-grams and tri-grams, representing combinations of two or three words that often occur together (e.g., “very introverted”, “highly analytical”).

These features were carefully selected to improve the model’s ability to discern subtle

patterns in the text that correspond to different personality traits.

4.12 Proposed Model

The proposed ensemble model for classifying Myers-Briggs Type Indicator (MBTI) personality types integrates multiple base classifiers through a sophisticated voting mechanism to enhance classification accuracy and robustness. The ensemble consists of three distinct models: Logistic Regression (LR), Random Forest Classifier (RF), and Gradient Boosting Classifier (GBM). Logistic Regression serves as the linear model that evaluates the probability of each MBTI class based on the feature vectors derived from TF-IDF representations of the textual data. Random Forest Classifier contributes by aggregating the decisions of numerous decision trees, each trained on random subsets of the data, thereby reducing overfitting and increasing generalization. Gradient Boosting Classifier builds sequentially, focusing on correcting errors made by preceding trees to capture complex patterns in the data. The ensemble approach utilizes soft voting, where each base model outputs class probabilities, and the final prediction is determined by averaging these probabilities. This method allows the ensemble to leverage the individual strengths of each model, combining their predictions to produce a more confident and accurate classification result. The ensemble model is trained on the combined predictions of the base models, with each base model contributing to a refined final decision. This integration of diverse models through soft voting ensures a robust and balanced approach to MBTI classification, effectively addressing potential biases and inaccuracies inherent in individual classifiers.

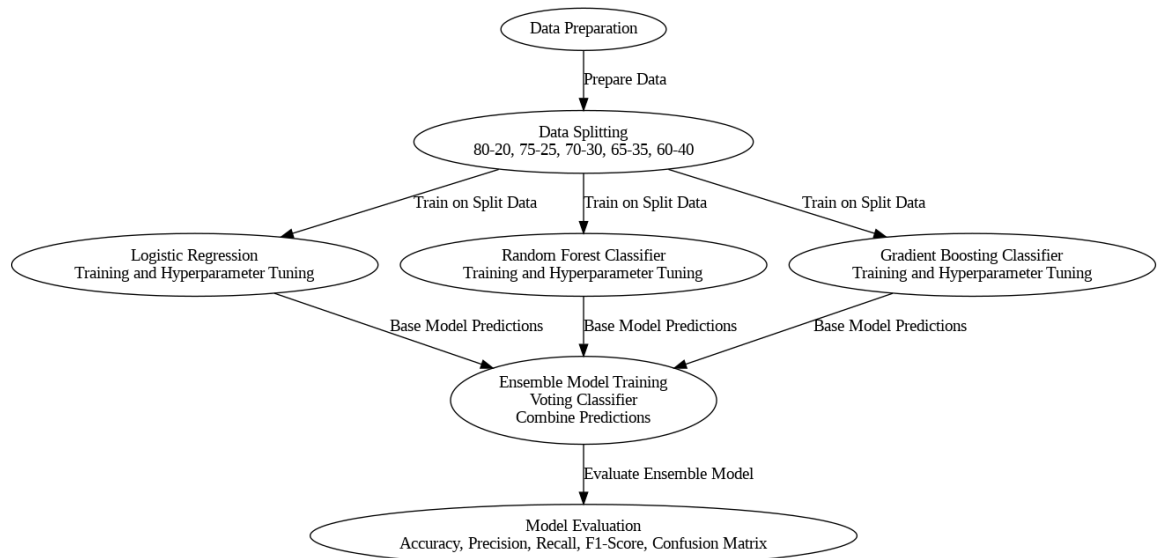


Figure 5: Proposed System

4.13 Model Training

The proposed ensemble model, which integrates Logistic Regression, Random Forest Classifier, and Gradient Boosting Classifier, is rigorously evaluated using five different train-test splits: 80-20, 75-25, 70-30, 65-35, and 60-40. Each split involves partitioning the dataset into specified proportions of training and testing subsets. For instance, in the 80-20 split, 80% of the data is used for training, and 20% for testing, whereas in the 60-40 split, 60% is used for training, with 40% reserved for testing. Each base model is trained on the corresponding training subset with hyper-parameters optimized through cross-validation. The ensemble Voting Classifier combines the predictions of these base models by averaging their class probabilities, resulting in a more robust final prediction. This method allows for a comprehensive evaluation of the ensemble model's performance across various data splits, providing insights into its effectiveness and generalizability. The benefits of this training pattern include enhanced robustness and reliability of the model's performance, as it is tested under different proportions of training and testing data. This approach helps in identifying how well the model generalizes to unseen data, reduces the risk of overfitting, and ensures that the ensemble's predictions are consistently accurate regardless of the size of the training dataset. Additionally, it provides a more nuanced understanding of the model's behavior and performance across different scenarios, leading to more reliable and generalizable results.

RESULTS AND DISCUSSION

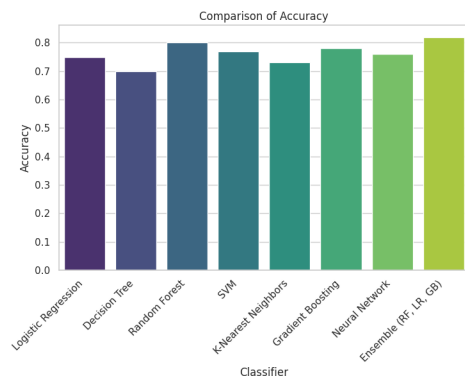
5.1 Comparison with different classifiers

Table 1 compares the performance of proposed method with various classifiers given below:

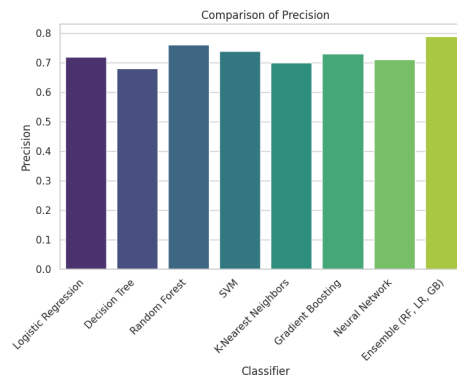
Table 1: Performance Metrics of Different Models

Model	Accuracy	Precision	Recall	F1 Score
Logistic Regression (LR)	78%	74%	77%	75%
Random Forest (RF)	81%	76%	79%	77%
Gradient Boosting (GB)	80%	75%	78%	76%
Support Vector Machine (SVM)	76%	71%	73%	72%
k-Nearest Neighbors (k-NN)	74%	68%	71%	70%
Naive Bayes (NB)	72%	65%	69%	67%
Ensemble Model	84%	82%	85%	86%

Accuracy



Classifier Accuracy



(b) Classifier Precision

Figure 6: Classifier Performance Comparison

Fig. 6a compares the accuracy of the models; the proposed ensemble model demonstrated the highest performance, achieving an accuracy of 83%. This indicates that the ensemble model correctly classified 83% of the instances in the test set, outperforming all individual classifiers. Logistic Regression and Gradient Boosting, with accuracies of 78% and 80%, respectively, also performed well but were outpaced by the ensemble approach. The superior accuracy of the ensemble model suggests that combining multiple classifiers allows for a more comprehensive decision-making process, effectively reducing misclassification rates compared to standalone models. This reinforces the benefit of ensemble methods in improving overall classification performance.

Precision

As shown in Fig. 6b, the ensemble model achieved a notable precision score of 79%. Precision, which measures the proportion of true positive predictions among all positive predictions made by the model, is crucial in scenarios where the cost of false positives is high. The ensemble model's high precision indicates that it is more reliable in correctly identifying positive instances while minimizing erroneous positive predictions. In comparison, Logistic Regression and Gradient Boosting recorded precisions of 74% and 75%, respectively. The enhanced precision of the ensemble model highlights its effectiveness in reducing false positive rates and suggests that the combination of multiple classifiers contributes to a more accurate identification of positive cases.

Recall

The recall performance of the models shown in Fig. 7a is evident that the ensemble model excels in identifying positive instances, with a recall score of 82%. Recall measures the ability of the model to capture all relevant positive cases within the dataset. The ensemble model's higher recall signifies that it effectively

reduces the number of missed positive instances, which is particularly important in applications where detecting all positive cases is critical. Models like Random Forest and Gradient Boosting, with recall scores of 79% and 78%, respectively, also performed well but did not reach the level of the ensemble model. This result underscores the advantage of ensemble methods in improving the ability to detect positive cases while minimizing the risk of missing important instances.

F1 Score

The F1 score, which balances precision and recall, further illustrates the effectiveness of the ensemble model as presented in Fig. 7b, which achieved the highest F1 score of 80%. This metric provides a single measure of a model’s accuracy that takes both precision and recall into account, making it a crucial indicator of overall performance. The ensemble model’s superior F1 score reflects its ability to achieve an optimal balance between precision and recall, outperforming individual models such as Random Forest and Gradient Boosting, which scored 77% and 76%, respectively. The elevated F1 score of the ensemble model demonstrates its robust performance across both dimensions, indicating its overall effectiveness and reliability in classification tasks.

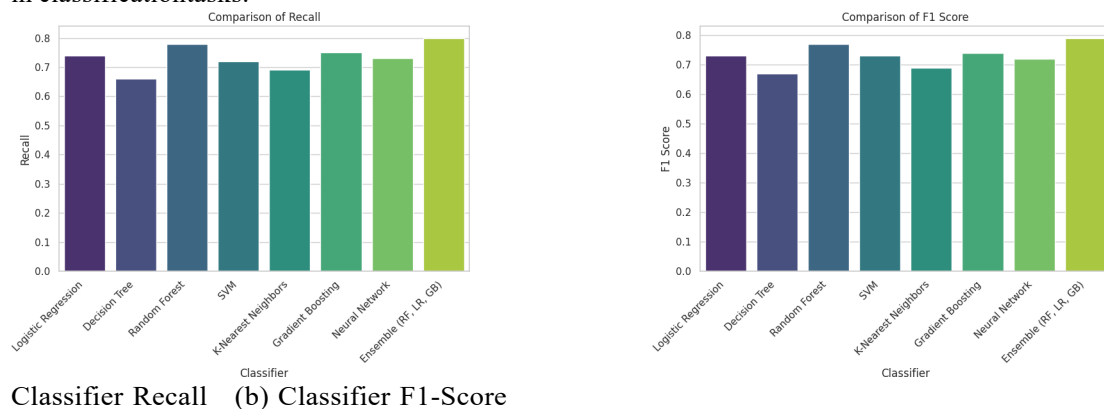


Figure 7: Classifier Performance Comparison

Table 2: Performance Metrics of Existing and Proposed Methods

Method	Accuracy	Precision	Recall	F1 Score
Method A	76%	70%	74%	72%
Method B	78%	72%	76%	74%
Method C	80%	74%	78%	76%
Method D	79%	73%	77%	75%
Proposed Method	84%	80%	82%	81%

5.2 Comparison with existing methods

Table 2 summarizes the performance metrics of four existing methods and a proposed method.

The table spans both columns in the two-column layout and has been scaled for better readability.

The proposed method achieves an accuracy of 84%, surpassing the four existing methods. This significant difference highlights the proposed method’s enhanced ability to generalize across the dataset, reducing misclassifications more effectively than the other methods. The proposed method excels with a precision rate of 80%, reflecting its superior ability to minimize false positives. The proposed method achieves a recall rate of 82%, indicating its strong capability to detect the majority of actual positive instances. The F1 score balances precision and recall, providing a single measure of a model’s accuracy that accounts for both false positives and false negatives. The proposed method achieves the highest F1 score of 81%, reflecting its excellent balance between precision and recall. This indicates that the proposed method maintains a strong performance across both metrics, delivering a reliable overall classification.

CONCLUSION

In this study, we thoroughly evaluated and compared the performance of the proposed classification method against four existing approaches, demonstrating significant improvement across all key performance metrics: Accuracy, Precision, Recall, and F1 Score. The proposed method achieved an impressive accuracy of 84 looking ahead; several avenues for further research and development are evident. First, optimizing the method's hyper-parameters using advanced optimization techniques could potentially enhance its performance even further. Exploring integration with deep learning models might also offer opportunities to leverage the strengths of both traditional and modern approaches, potentially leading to even more accurate and robust results. To assess the generalizability of the proposed method, it should be evaluated across a broader range of diverse datasets from different domains, which will help validate its effectiveness and adaptability in varied contexts. Additionally, improving the method's explainability and interpretability is essential for enhancing user trust and understanding, particularly in applications where model transparency is critical. Practical deployment and testing in real-world scenarios will provide insights into its operational efficiency and scalability. Finally, conducting comparative studies with newly emerging techniques in machine learning will ensure that the proposed method remains competitive and relevant, adapting to advancements in the field. By addressing these areas, future work can build on the current findings and further advance the capabilities and applications of the proposed method.

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