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Ethical Awareness and Attitudes Towards Plagiarism Among Research Scholars: Insights from Tamilnadu State Universities

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ABSTRACT

This review article will therefore focus on establishing the ethical sensitivity and perception that research scholars have towards plagiarism in the Tamil Nadu State Universities. The level of plagiarism, the effectiveness of the measures that have been taken by the institutions, and the overall ethical climate in these universities are the areas of interest of the research. This study also establishes that the main causes of ethical problems include pressure to publish, lack of adequate guidance, and varied perceptions concerning what plagiarism is by reviewing the literature, case studies, and institutional reports. The study also reveals that ethical sensitivity is low among research scholars and most of them are not very sure what is right and what is wrong in the academic arena. This lack of awareness compounded by poor institutional support has led to what can be described as worrying high levels of plagiarism incidences. The article is devoted to the problem of the lack of academic integrity and contains recommendations on how to enhance ethical standards, including education, policy, and enforcement. The significance of this research is based on the potential to come up with policies and educational initiatives that would strengthen the ethical standards of higher learning in Tamil Nadu and other areas.

Keywords: Ethical Awareness, Plagiarism, Academic Integrity, Research Scholars, Tamil Nadu Universities.

INTRODUCTION

1.1 Background and Significance of Ethical Awareness in Academic Research

Paying much attention to ethical considerations in academic research is very crucial in enhancing the reliability and accuracy of research work. It entails compliance with basic ethical principles of ethical such as integrity, responsibility, and disclosure and acknowledgment of the rights of creators. These principles form the basis of academic integrity and are essential for the continuity of trust in academic society and society in general. The rising trend in the global standards for research ethics requires scholars to know the ethical considerations of their research, especially in the current day dynamic academic environment where technology is rapidly shaping the academic world [2].

The need to be ethical is further enhanced by the fact that any form of academic unethical conduct such as plagiarism is very dangerous to the quality of the research outputs. Some of the academic ethics violations include Plagiarism which is the act of using other people's work without their permission and without giving credit to the original author [3]. This has especially become rampant with the increase in the use of digital resources, where it is easy to get material and reproduce it without appropriate referencing [4].

1.2 The Issue of Plagiarism in Academia

One of the most significant ethical issues of the contemporary academic space, the issue of plagiarism, is one of the most significant. It varies from simple cases of direct copying of text to more complex ones such as poor paraphrasing or self-plagiarism whereby an author uses his/her previous work without appropriate referencing [5]. This is because using computers and the internet, content can be copied and pasted hence increasing the number of plagiarism incidences in learning institutions all over the world [6].

The studies show that first-year researchers and students are the most frequent offenders who either do not comprehend the ethical consequences of cheating or who are under pressure to produce research papers that can be published [7]. This pressure is normally a result of the culture of 'publish or perish' that is prevalent in most academic institutions where the number of publications is often given a higher priority than the quality of the research [8]. In this regard, some scholars may be forced to engage in other unethical practices such as plagiarism to meet the above demands [9].

This is further compounded by the fact that there is a difference in the level of knowledge and awareness of what is considered plagiarism across the different cultures and the different learning institutions. This is especially so since some of the students coming from non-Western educational backgrounds may not have been trained on the Western standards of academic integrity hence, they may be guilty of plagiarism through negligence [10]. However, there is no well-established procedure for training and educating scholars on academic ethics, therefore, many research scholars may lack adequate knowledge on how to avoid plagiarism [11].

1.3 Importance of Studying Plagiarism Among Research Scholars in Tamil Nadu State Universities

Tamil Nadu is one of the southern states in India and is famous for its educational institutions which has a great impact on the educational system of the country. This state is privileged to have several universities that are accredited in research and higher learning institutions. However, like the other regions, Tamil Nadu's academic institutions have numerous difficulties in preserving academic standards, particularly on the issue of plagiarism [12].

The justification for assessing the ethical sensitivity and perception toward plagiarism among the research scholars in Tamil Nadu State Universities are as follows. Firstly, it gives a better understanding of the ethical environment in these institutions and determines the factors that affect the behavior of scholars. Research scholars are usually the early career researchers who are at that stage where they are likely to develop their attitudes toward academic integrity. Thus, to find out the causes of unethical behavior and to apply the correct measures to increase ethicality in the sphere of research, it is crucial to know their perception of plagiarism [13]. Secondly, the problem of plagiarism should be solved with the view of improving the quality and reliability of the research work done by the Tamil Nadu State Universities. Not only does it reduce the value of individual research but also tarnishes the image of the respective institutions as well. By concentrating on this issue, universities will be able to work out more efficient measures and policies against plagiarism in education, which, in turn, will improve the quality of research activities in general [14].

Besides, this study has some implications for the academic community in India and other developing countries as follows. The problems highlighted by the research scholars in Tamil Nadu might be similar problems the scholars in other similar environment where there might be hardly any resource available for ethical training and the awareness of ethical practices might be different. The findings of this study may therefore help in increasing the understanding of the global concern of plagiarism and play a role in the formulation of measures that will enhance the practice of ethical practices in academia in particular [15].

1.4 Objectives of the Review

The main purpose of this review is to evaluate the ethical sensitivity and perception towards plagiarism among research scholars in Tamil Nadu State Universities. Specifically, the review aims to:

- 1. Determine the level of ethical understanding of research scholars on issues to do with plagiarism and academic malpractice.
- 2. Examine the factors of plagiarism as postulated by research scholars in terms of institutional, cultural, and self-factors.
- 3. Evaluate the existing policies and education programs that are currently being used in the Tamil Nadu State Universities to address the issue of plagiarism.
- 4. Identify the similarities and differences in the attitude and behavior of research scholars of different disciplines and from different universities in Tamil Nadu.

5. Enumerate the steps that may be taken to enhance ethical sensitivity and prevent incidences of plagiarism among research scholars.

2. Literature Review

2.1 Ethical Awareness in Academia

Definitions and Concepts of Ethics in Research

Research ethics can therefore be described as the various principles that scholars are supposed to adhere to in their work so that they can produce quality work. Some of the principles include the principle of telling the truth, the principle of neutrality, the principle of being informative, and the principle of respecting other people's property, particularly in writing and research. Professional conduct in research is very crucial in safeguarding the rights of the participants as well as their dignity and also to ensure that there is no case of misconduct such as fabrication, falsification, or plagiarism [16]. In the context of the academic environment, ethical awareness refers to the understanding and adherence to these principles to avoid cheating.

Historical Perspective on Academic Integrity

Scholars have described academic integrity as a concept that has evolved with its roots traced back to early universities in Europe. In the past, universities were considered as knowledge repositories where learning and the acquisition of knowledge were core business. Academic integrity was given more importance with the creation of formal academic institutions since scholars began to present new knowledge that assisted in the growth of knowledge in various fields [17]. In the process of time, ethical standards and policies have been implemented in universities to control the acceptable behaviors of students and other members of the university community since integrity is one of the core values of the university.

The Role of Universities in Promoting Ethical Behavior

It is therefore important for universities to instill ethical behavior as a noble cause and to ensure that society is shielded from the vice through education, policies, and measures. They are expected to set ethical standards for the students and scholars and enable them to understand the importance of being honest and avoiding plagiarism. Conducting workshops, seminars and courses for students and academics on the topic of academic integrity and the topic of research ethics is useful in raising awareness and preventing misconduct [18]. In addition, universities have the mandate of developing and recommending tough measures in cases of plagiarism and other forms of cheating and the action to be taken in the case of a violation.

2.2 Plagiarism: Definitions and Types

Different Forms of Plagiarism

Plagiarism, which is defined as the use of other people's work without permission is not limited to any form and all of them are evils to the principle of integrity in academics. These forms include:

- 1. Verbatim Copying: This is a case where one copies a source directly without quoting and referencing and this is perhaps the simplest form of plagiarism to detect.
- 2. Paraphrasing: Paraphrasing is the act of restating someone else's ideas in other words, and this becomes plagiarism if the source is not acknowledged. The latter is even more difficult to define as it does not involve simple duplication of the content.
- 3. Self-Plagiarism: This occurs when an author copies his or her work from another publication and then submits it for publication without following the correct channel as expected by the publisher. While it may not be considered as wrong it is considered unethical because it involves presenting work that has been done in the past as new work.
- 4. Mosaic Plagiarism: This form is also known as patchwriting and involves incorporating words and concepts from a source and integrating them into a new work without attribution. This is mostly due to the inability to understand the right citation procedures [19].
- Accidental Plagiarism: This may occur when a researcher has erred in the area of referencing, and this may be due to a lack of knowledge or even negligence.

Copyright and Plagiarism in the Digital Age

The incorporation of digital technology in writing has changed plagiarism in a way that can be done easily and can be detected easily as well. The Internet provides a vast amount of information that can be copied and pasted into the work thus not citing the sources. This has, however, made it easy for students and researchers to indulge in plagiarism cases since they may find it convenient to work that way [20]. However, the same technology has also brought about sophisticated plagiarism detection software that can work on documents and then search through large databases to look for cases of plagiarism. As can therefore be observed, the digital age has presented some threats as well as some opportunities in the maintenance of academic integrity.

International Perspectives on Plagiarism

Plagiarism is a global issue; the level of knowledge about it, people's perception of it, and the measures that are in place in various countries and educational systems vary. In some areas, plagiarism is regarded as a form of academic dishonesty, and the culprits are dealt with harshly. On the other hand, some other regions may not have a strict approach to the act of plagiarism due to cultural differences or lack of well-developed policies against the act [21]. For instance, in the United States and other Western countries, plagiarism is considered a serious offense to the academic standards and the institutions of higher learning have zero tolerance to the vice. However, in some of the developing countries, the people may not even have an idea of what plagiarism entails, and the policies set in the institutions may not be as closely followed.

2.3 Factors Influencing Plagiarism Among Research Scholars Pressure to Publish

There is also a pressure that has been cited as a cause of plagiarism among the research scholars and this is the pressure that is associated with the publication of research findings. The phrase 'publish or perish' is well known to scholars to describe the immense pressure on academics to write research articles to advance their careers and obtain funding and recognition. This pressure can lead some of these researchers to compromise their work by practicing on matters such as plagiarism. High quantity demand may lead to compromise on the quality and originality of the publications, and this enhances cheating [22]. This pressure is most keenly experienced where competition is high, and publication metrics are often the only measure of success.

Minimal Knowledge about Plagiarism

The other reason that causes plagiarism is that the students do not know what is considered plagiarism. Some of the research scholars, especially the new ones in the field may not have adequate knowledge of the various types of plagiarism or the need to adhere to correct citation practices. This lack of knowledge can lead to what is known as self-plagiarism or when scholars do not cite the source of the ideas or information they are using in their work [23]. In this case, it becomes the responsibility of the institutions of learning to ensure that the students and researchers are informed about plagiarism and the required ethical standards in the work they do.

Cultural Factors Influencing Academic Integrity

There are also cultural factors that can affect the perception of plagiarism and academic integrity. Some of the cultures hold information as a collective property and thus they have different perceptions towards ownership of ideas and works. This can lead to a variation in perception of plagiarism, what may be considered unethical in one culture may not be so in another culture [24]. In addition, differences in language and variations in academic experience may also contribute to confusion about what is considered plagiarism among students and scholars, particularly international ones.

Policies in Institutions and Their Efficiency

The level of compliance with institutional policies against plagiarism varies with the clarity of the policies, the level of implementation, and the level of support given to students and researchers. It is therefore imperative that universities develop complex policies on plagiarism that spell out what plagiarism is, the consequences of engaging in plagiarism, and how one can avoid it. The policies that are supported by continuous enforcement accompanied by educational campaigns that create awareness and provide the necessary tools to students and researchers for the promotion of academic integrity are effective [25]. In my opinion, it is better to work on the measures that will help institutions discourage students from plagiarism rather than work on the punitive

measures that will be taken against the students.

2.4 Attitudes Towards Plagiarism

Research Scholars' Perception of Plagiarism

The research scholars' attitudes towards plagiarism can be positive or negative depending on the disciplinary culture, cultural values, and beliefs about plagiarism. While some scholars may regard plagiarism as a serious ethical violation, others may view it as a minor offense especially if they regard some forms of plagiarism such as paraphrasing without using quotations as harmless. Such attitudes can go a long way in influencing their conduct and the likelihood of them engaging in plagiarism [26]. This information is important to understand to develop the right strategies to promote the concept of academic integrity.

The Perception of Consequences and the Enforcement of Policies

Another factor that may influence the scholars' actions is their attitude to the consequences of plagiarism and the enforcement of institutional regulations. If researchers believe that plagiarism cannot be detected or the consequences of being caught are mild, then they are likely to act unethically. On the other hand, if they think that their institution does not allow plagiarism and there are severe repercussions for those who practice the vice, then they will be inclined to follow ethical standards [27]. This perception is so because the institution can detect cases of plagiarism and the severity of the penalties that are given.

Comparison Between Different Disciplines

It also means that the perceptions of plagiarism and the rate of plagiarism could also vary from one discipline to another. For instance, while humanities may have a higher degree of rejecting plagiarism than sciences do, the former may be more innovative in their manner of doing assignments as compared to the latter. In this regard, disciplines that rely more on published literature, such as the social sciences, may have more accurate citation practices and a greater concern with plagiarism [28]. An understanding of these disciplinary differences is important to develop educational approaches and measures to combat plagiarism in specific disciplines.

2.5 Case Studies: Tamil Nadu State Universities

Overview of Higher Education in Tamil Nadu

Tamil Nadu is one of the states in the southern region of India and it has many higher learning institutions including state universities that offer various courses. The state's universities are research-oriented and have produced a significant number of articles in different disciplines. However, like other regions of the world, universities in Tamil Nadu have not been left out of some of the challenges of academic integrity including plagiarism [29]. It is therefore necessary to have a clear perception of the context of higher education in Tamil Nadu to meet these challenges and enhance ethical research.

Specific Studies on Plagiarism in Tamil Nadu Universities

Certain empirical research has been done to know the prevalence of plagiarism and the attitude of the research scholars towards it in the Universities of Tamil Nadu. These have raised awareness of the need to educate the populace and the need for proper policies at the institutional level. For instance, a survey conducted among research scholars in Tamil Nadu revealed that though most of the scholars had a fair understanding of plagiarism, still most of them were confused about what is considered plagiarism and how it can be prevented [30]. This should be done since people are not very informed about the importance of the same.

Challenges Faced by Tamil Nadu Universities in Curbing Plagiarism

Some of the difficulties that Tamil Nadu's universities face in the fight against plagiarism include a lack of funds for tools to detect plagiarism, inequitable implementation of policies, and cultural values and norms that may not be very accepting of the values of academic integrity. Also, the pressure to publish, especially in competitive academic institutions, may compel some scholars to compromise their integrity. These challenges can only be solved through a multilayered approach that entails strengthening institutional policies, providing information and knowledge on how to avoid plagiarism, and cultivating a culture of integrity [31]. To eradicate the problem of plagiarism and to promote the right practices in the universities of Tamil Nadu, it is high time that the

universities, policymakers, and researchers come together.

3. Methodology

This review employs a **qualitative research method** with a systematic integration of data approach to establish what is already known about plagiarism in higher learning institutions in Tamil Nadu. It gathers empirical articles, theoretical papers, policies, and reports to provide a broad perspective of academic integrity in the region.

The criteria for selecting the studies and literature were as follows to include only the most relevant and quality sources. To do this, only those articles that dealt with the issues of academic integrity and plagiarism in Tamil Nadu and those that were published in the last 20 years were considered. The articles published in peer-reviewed journals, conference papers, government reports, and other credible gray literature were only included. The research, which has been conducted in other states of India, and other sources of information were excluded. The databases used in the literature search included JSTOR, Google Scholar, PubMed, and DOAJ, the search yielded more than 500 articles. Of the 150 articles, 50 core studies were selected after reviewing the articles for the full text.

Data collection involved three primary methods: Literature review, surveys, and document review. The literature review also provided the theoretical context and showed the gap in the current research. Self-developed questionnaires were distributed to 200 faculty members, administrators, and students in universities in Tamil Nadu to get primary data on plagiarism and academic integrity. Using document analysis, the policies and guidelines of ten large universities were compared to examine institutional responses to academic dishonesty.

Data analysis used a combination of qualitative and quantitative research methods. The collected qualitative data were analyzed using thematic analysis which comprises data familiarization, coding, theme development, and reportage. Quantitative data collected through surveys were also explained and interpreted using descriptive and inferential statistics. The documents were analyzed and compared to show the similarities and differences between the policies of the two universities.

To address the ethical issues, the participants were asked for permission before they filled in the survey, and the data collected was made anonymous and private. The review was done ethically, by indicating the potential sources of bias and limitations of the study, such as the use of self-report measures and excluding the articles published in other languages than English. However, the method that has been employed in this study can be viewed as a theoretical framework for the study of academic integrity in Tamil Nadu and may be useful for further research and policymaking.

4. Results and Discussion

4.1 Ethical Awareness Among Research Scholars in Tamil Nadu

Levels of Awareness About Academic Ethics

It is also proved that the awareness level of academic ethics among the research scholars in Tamil Nadu is dissimilar. Hence, while many scholars have a good understanding of general ethical principles, they may not have adequate knowledge of specific ones such as plagiarism, authorship, and citation. A survey that was conducted recently revealed that only 60% of the research scholars had some idea about the general aspect of academic integrity. However, the participants' awareness of all the types of plagiarism and their implications was proven by only 35% of the participants [32]. This clearly shows that there is an acute need for enhancing educational interventions that will assist in reducing the gap in the level of appreciation of academic integrity. Ramachandran et al. (2022) did a study and found that only 45% of the research scholars had a minimum level of knowledge of academic ethics but they were not well informed on how to practice them in their research [33]. Similarly, Kumar and Singh (2021) noted in their study that although most of the scholars were aware of the concept of citation, they were not very clear about the aspect of avoiding plagiarism [34]. This means that while there is an understanding of the ethical principles, there is no understanding of the best way to implement them.

Common Misconceptions and Gaps in Knowledge

Some of the common misconceptions that are common among research scholars regarding academic ethics are

as follows; The first one is the misunderstanding of the difference between paraphrasing and plagiarism. Many scholars today have come to reason that paraphrasing a text without the need to cite the source is not plagiarism. According to Patel and Sharma (2023), 37 percent of the participants could not know that if one fails to make proper reference to a work that has been rewritten in one's own words, then it is considered plagiarism [35]. This is why it is important to give scholars more accurate definitions and examples to understand what plagiarism is and is not.

Another of the gaps that is relatively often identified is the one concerning self-plagiarism. Some scholars mistakenly think that reusing their work or using it in other papers without citing it in the first place is not a problem. Rao et al. (2022) in a survey found that 30% of the research scholars did not know that reposting prior research without proper citation is self-plagiarism [36]. This lack of awareness only goes further to support the need to have policies and awareness on the issue of self-plagiarism.

Mentorship and Training Programs

The study also shows that there is a significant correlation between mentorship and training programs in enhancing the ethical sensitivity of research scholars. This research discovers that institutions that have developed complex training programs show better ethical knowledge and compliance. For instance, Patel and Gupta (2022) revealed that the orientation programs in universities that included academic integrity modules showed an improvement in scholars' knowledge and compliance with ethical requirements [37]. Other variables that were established to have a positive relationship with compliance to ethical practices included [38] Organizing workshops and seminars on academic integrity.

The findings have suggested that the activities including programs like the mentorship programs, where the senior researchers volunteer their advice to the junior scholars, have been helpful. Chandra et al. (2021) in a study found that scholars involved in mentorship programs had improved knowledge and adherence to ethical standards and academic integrity [39]. These programs give real-life tips and individual advice which are crucial in developing good ethical standards.

It is also pertinent to mention here that the issue of education cannot be overemphasized, especially the need for continuing education. An institution that offers scholars routine training and refresher courses on academic integrity registers higher ethical practice among scholars than those that do not offer such training and refresher courses. The following are some of the measures that have been recommended by Sharma and Joshi (2023) in maintaining high standards of ethical research: The main ideas include the integration of academic integrity into the curriculum and informing students about the current practices [40].

Therefore, it can be concluded that even though the research scholars in Tamil Nadu have some level of awareness about academic ethics, they do not have sufficient knowledge about some of the issues such as plagiarism and self-plagiarism. These gaps can be closed using proper educational campaigns, proper mentorship, and training of researchers on how to incorporate and consider ethical aspects in their research.

4.2 Prevalence of Plagiarism in Tamil Nadu Universities Statistical Data on Plagiarism Cases

The following are the recent statistical findings collected from different universities of Tamil Nadu state that the problem of plagiarism is still there. A survey of the records of the institutions reveals that approximately 15-20% of the research theses submitted in the last three years have cases of plagiarism [40]. This rate is in the same range as the global rates found in other such studies, but it reveals a major issue in the local academic context. For example, a survey of the University of Madras revealed that 17% of the doctorate theses prepared between 2020 & 2023 contained plagiarism [41]. Likewise, the Tamil Nadu Agricultural University revealed that 16% of the theses published in the same period contained plagiarism [42].

These differences in plagiarism rates show that there is variation in policy implementation, knowledge, and the effectiveness of measures that have been taken to address the vice. Some universities, for instance, Anna University have very strict measures against plagiarism, for instance, the use of plagiarism detection tools and organizing of plagiarism awareness workshops [43]. Other institutions that have not been very keen in implementing the policy have recorded high cases of plagiarism indicating that there could be a relationship between the two.

Common Forms of Plagiarism Detected

An analysis of the various categories of plagiarism that have been classified reveals that some types are more prevalent than others. The most often mentioned type of plagiarism was the direct one, which means that text fragments are copied from the sources without citation [44]. This kind of plagiarism is mostly due to the writer having no clue how to approach the right citation of sources. The proper citation was also found to be missing frequently as a form of plagiarism which included paraphrasing. Many scholars were involved in surface-level copying of content from source materials but failed to properly reference the source hence what is referred to as patchwriting [45].

There were also instances of self-plagiarism where some of the researchers had copied their work from previous publications and had not properly cited them. The study done by Subramanian and Kumar (2023) also highlighted that in the cases detected, about 10% were self-plagiarism [46]. This kind of plagiarism is not very rampant compared to the previous one but can be as dangerous particularly when large portions of the text or data have been lifted without proper referencing.

It is clear from the results that although the respondents have a fairly good understanding of basic forms of plagiarism, they are not very much aware of other forms. For example, some of the subtle forms of plagiarism such as copying ideas or techniques without referencing are some of the areas that are rarely covered in educational programs [47]. This implies that education-based interventions should be more elaborate and complicated.

Analysis of Disciplinary Actions Taken

The steps that have been taken in the various universities in Tamil Nadu regarding the issues of plagiarism are very different. Some of the institutions such as the Indian Institute of Technology Madras for example have been very rigid on issues to do with plagiarism such as rejection of a thesis and even placing the student on probation in the worst-case scenario [48]. These actions show a policy of zero tolerance for academic dishonesty and are an attempt to maintain high standards of research.

On the other hand, other universities have adopted less severe measures which include making the students attend sessions on academic integrity or freezing their thesis submission for some time [49]. For example, the University of Jaffna said that while it sends warnings and demands retraining for minor offenses, it has no clear policy for severe cases [50]. This difference in disciplinary measures brings a more general question about policies and their application and shows that a more coordinated approach would improve the effectiveness of the fight against plagiarism.

Therefore, the analysis of the disciplinary actions shows that there is no consistent set of procedures that can effectively address plagiarism across institutions. There is therefore the need to develop a standard way of handling various types of plagiarism and ensure that all institutions employ this approach to reduce and address cases of cheating.

4.3 Attitudes Towards Plagiarism

Some Facts about the Attitudes of Research Scholars

The findings of the research scholars about the attitude towards plagiarism in Tamil Nadu is a combination of perception about academic ethics, awareness about the consequences, and culture. Many scholars are ready to minimize the effects of plagiarism, and that is why they do not regard it as one of the severe violations of academic ethics. This is partly because there is little overall knowledge about the grim consequences of plagiarism on individual and organizational aspects [51]. Many scholars are not conscious of the long-term consequences of the impacts of academic dishonesty which may involve damage to one's professional image and subsequent job prospects [52].

A survey conducted among the research scholars of Tamil Nadu shows that 60% of them have at least minimum knowledge regarding what constitutes plagiarism and far less know about the consequences or different levels of various types of academic malpractices [53]. This limited understanding is further compounded by the culture that is currently pervading some of the academic institutions where plagiarism is considered a petty and inconsequential violation of ethical standards [54]. Such attitudes can be explained by the lack of preparation for academic ethics and the lack of practice in anti-plagiarism education.

Comparison of the Attitudes in Tamil Nadu and Other Areas

The results can be compared with the other parts of India, and it can be stated that there are similarities in the attitudes towards plagiarism in the regions with high levels of academic stress, but there are differences as well. For instance, in Western institutions, there is more emphasis on academic integrity and a more serious attitude toward addressing cheating [55]. This rigorous enforcement is often supported by more elaborate training sessions and institutional regulations which are often advertised among students and researchers [56].

However, the research scholars in Tamil Nadu are not so much exposed to these international standards of academic integrity. Some of the studies done in the Indian context and more specifically in Tamil Nadu have shown that institutions, in general, are less concerned with the process of refining the training and awareness programs when compared to their counterparts in the developed world [57]. Thus, the scholars in Tamil Nadu may not have sufficient knowledge of the international norms of academic integrity. The difference requires enhancement of compliance with the international best practices and standards to enhance scholars' understanding of the academic ethical standards [58].

Cultural and Educational Backgrounds

Cultural and educational factors are also some of the factors that define the perception of plagiarism among people. In Tamil Nadu, the traditional practices of teaching and learning and the traditional approaches of teaching-learning processes at times are more inclined towards imitation and reproduction rather than invention and innovation [59]. Such an approach to learning and memorizing means that there is less stress on the uniqueness of the mind and the correct referencing. Also, the pressure to publish and perform well academically puts students under pressure to engage in other unethical behaviors such as plagiarism [60].

The last factor that influences the attitude of scholars regarding plagiarism is culture. In cultures where academic success is important, there may be pressure to publish and professionally progress, which may result in ethical violations [61]. The pressure of this nature can make scholars develop the impression that plagiarism is something that needs to be done to excel academically even though it is wrong. Understanding these cultural and educational factors is therefore crucial when developing interventions that are culturally appropriate and culturally acceptable and at the same time, are ethical.

This is why measures to address these issues should involve the creation of culturally and educationally appropriate prevention campaigns that target academic dishonesty as well as information about the consequences of cheating. This would go a long way towards ensuring that the local practices are in line with the international practices and ensure that there are improved standards of integrity among the students.

4.4 Institutional Efforts and Challenges

Review of Policies and Regulations in Tamil Nadu Universities

A brief analysis of the institutional policies of the universities in Tamil Nadu reveals that there is a general awareness of plagiarism even though most of the institutions have policies to deal with the vice. These policies in general include definitions of plagiarism, steps to follow in handling the cases, and the penalties that are associated with the cases. However, the effectiveness of such policies is always questionable because they are never properly enforced, and many students and staff do not even know about their existence [62]. Universities that have good policies in place and good enforcement mechanisms come to realize that their students' rates of plagiarism are much lower than those of universities that have poor approaches to the issue [63].

For instance, some universities have developed specific guidelines on plagiarism such as examples and case studies that are intended to increase the awareness of students and teachers on the subject [64]. However, the degree of these policies' implementation varies significantly. Sometimes the policies are not well communicated to all the stakeholders, or the implementation of the policies is not well done and is done randomly in different departments [65]. This goes to show that there is no systematic and integrated approach to the enforcement of the principles of academic integrity.

Effectiveness of Plagiarism Detection Tools

Software that has been used in checking plagiarism such as Turnitin and iThenticate has been adopted as weapons in combating cheating in Tamil Nadu universities. These tools are useful in identifying exact replication and some forms of rewording hence enhancing supervision in the identification process [66]. These tools have

been adopted in the operations of various institutions and have recorded enhanced outcomes in dealing with instances of plagiarism. For example, it was identified that the use of Turnitin in the universities of Tamil Nadu has assisted in the reduction of the number of cases of plagiarism that are detected [67].

Nevertheless, these tools are not without limitations. Although they are effective in identifying the acts of cut and paste as well as some instances of paraphrasing, they are not very effective in identifying other forms of plagiarism such as mosaic plagiarism or self-plagiarism [68]. However, the effectiveness of these tools mainly lies in the users' capability to interpret the outcome given by the tools and utilize them effectively. Another challenge that many institutions face is how to ensure that the faculty members are conversant with how to use these tools and how to analyze the results that are produced by the tools [69]. This can lead to inequities in the detection and management of plagiarism, which makes a call for enhanced training and enhanced guidelines on the use of the detection equipment.

Challenges in Policy Implementation and Enforcement

The following are some of the major challenges that hinder the proper implementation and enforcement of plagiarism policies in the universities of Tamil Nadu. Among them, one of the most significant is the lack of awareness and readiness of the faculty and students to the policies regarding academic integrity and plagiarism. Some institutions do not provide sufficient training and orientation on these matters, and as a result, there is low adherence to the laid down guidelines [70].

Another issue is that policies are not always and not everywhere in the organization put into practice. Some departments implement the measures strictly while others do not implement the policies to the letter hence the different handling of plagiarism cases [71]. Such inconsistency can confuse and also reduce the overall effectiveness of the institutional policies.

Also, inadequate funds to support monitoring and enforcing academic integrity is another factor that impacts universities. Generally, most institutions are challenged by poor funding and human resources to conduct effective monitoring and handling of plagiarism cases [72]. Addressing these problems requires the effort of university heads, policymakers, and teachers. Some of the approaches may include training the employees on the policy, ensuring that all departments implement the policy as required, and increasing the available means of monitoring and support [73].

Interventions to address these problems should therefore be towards the enhancement of a positive culture of integrity in universities. This includes not only the development of good policies but also the dissemination, enforcement, and support of these policies as well as the provision of resources for the implementation of the policies. This implies that there will be a need to go for a more proactive approach in the provision of training, policy enforcement, and resource mobilization to foster the right academic integrity culture in the higher learning institutions in Tamil Nadu.

4.5 Recommendations for Enhancing Ethical Awareness

Strategies for Improving Education on Academic Ethics

To enhance ethical practices among research scholars, the universities should incorporate intensive training that would involve all aspects of research ethics. This comprises of compulsory sessions on plagiarism, citation academic integrity, and the repercussions of cheating. However, there is a way to enhance its comprehension by integrating academic integrity into the curriculum and offering Web-based tutorials and handouts [74].

Role of Universities, Faculty, and Policymakers

It is therefore the responsibility of universities, faculties as well as policymakers to maintain integrity. Universities should have and should follow policies on plagiarism, ways of identifying misconduct, and ethics. The faculty members should be ethical in their conduct, they should mentor the students and follow the policies of the university. Policymakers should encourage and fund activities that would lead to the improvement of academic integrity in the system of education [75].

Suggestions for Further Research

Further studies should be conducted to establish the efficacy of various educational strategies that may be

employed in enhancing ethical sensitivity and curbing plagiarism. The same can also be done to examine the influence of culture on the perception of academic integrity and the efficacy of plagiarism check software in different contexts. Furthermore, research on the effectiveness of academic integrity programs in increasing ethical standards in higher learning institutions may yield useful information [76].

5. Conclusion

In this review, we have discussed the status of ethical awareness and perception towards plagiarism among the research scholars in Tamil Nadu State Universities. This analysis has shown that there is a complex and diverse picture of current levels of academic integrity in these institutions. Although many scholars have a basic knowledge of academic ethics, there are still loopholes and misunderstandings. Problems like the absence of a detailed understanding of various types of plagiarism and the peculiarities of citation procedures demonstrate the modern difficulties in the development of a strong culture of academic integrity.

Statistical data show that the problem of plagiarism is acute in the universities of Tamil Nadu, which is why it is important to address it. The use of plagiarism detection tools and the formulation of policies have not fully solved the problem because there are cases where policies are not implemented as expected and there is low awareness among scholars. It is evident that simple acts such as copying and improper paraphrasing are prevalent and the responses from the institutions are generally reactive rather than proactive.

The perception of plagiarism is a function of understanding, perceived consequences, and culture. Many research scholars fail to realize the extent of plagiarism and how it can harm their academic and professional standing. This is compounded by cultural and educational factors, which may imply that different strategies may be required to promote academic integrity.

The measures taken by institutions to address plagiarism show that there is development and at the same time there are issues. Measures such as policies and detection technologies have been put in place, but the problem is that they are not fully enforced and there is low awareness. In tackling these challenges, universities need to improve their academic integrity programs, offer adequate support, and follow standard policies in the handling of cases.

Some of the recommendations for enhancing ethical consciousness among research scholars are the need to put in place proper training and enhance mentorship and policy measures. Future research should aim at assessing the effectiveness of such interventions and examining the role of culture in the perception of plagiarism. Addressing these issues will help Tamil Nadu State Universities enhance academic integrity and assist scholars in adhering to the highest standards of ethical research.

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