

Original Research Article

Assessment of 8-hydroxy-2'-deoxyguanosine Activity and Histopathological Alteration in Liver and Intestine of Zebrafish (*Danio rerio*) Exposed to Arsenic Trioxide

Thakur Swati Singh¹, Jain Abhishek², Jain Roshni³, Jain Swati⁴, *Jain Subodh Kumar⁵

Author's Affiliation:

^{1,2,3}Department of Biotechnology, Dr Harisingh Gour University, Sagar, Madhya Pradesh 470003, India

^{4,5}Department of Zoology, Dr Harisingh Gour University, Sagar, Madhya Pradesh 470003, India

*Corresponding author:

Prof. Subodh Kumar Jain

Department of Zoology, Dr Harisingh Gour University, Sagar, Madhya Pradesh 470003, India

E-mail: subjain@gmail.com

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ABSTRACT:

The present study is aimed at assessing the chronic toxic effects of arsenic trioxide on liver and intestine of the zebrafish. For this purpose, histopathological changes in the liver and intestine tissues of adult zebrafish exposed to waterborne arsenic trioxide concentrations (50ppb and 500ppb respectively) for 90 days evaluated. Activation of 8-hydroxy-2'-deoxyguanosine (8-OHdG) was also assessed by immunofluorescence assay. We observed severe histopathological alterations, including cellular degeneration, vacuolization of hepatocytes, and an increase in the hepatic plate in the liver. Histopathological changes in the intestine includes vacuolization of the enterocytes, hyperplasia of goblet cells, displacement of the lamina propria, and disruption of the apical cytoplasm of epithelial cells that cover the intestinal villi were observed. Strong signs of immunofluorescence reaction for 8-OHdG in the exposed liver and intestine tissues in a dose-dependent manner has also been detected. Results of the study indicate that toxicity of arsenic trioxide lead to crucial histopathological alteration and induce oxidative DNA damage in both liver and intestine of zebrafish.

Keywords: Arsenic Trioxide, Histopathology, Immunofluorescence, 8-OHdG, Zebrafish

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INTRODUCTION

Arsenic is an environmental pollutant listed as a top hazardous substance to human health according to the Agency for Toxic Substances and Disease Registry (ATSDR, 2013). Arsenic has been released in many anthropogenic activities such as mining and metallurgy, wood preservation, urban and industrial wastes as well as sewage sludge management

and agricultural pesticide production (Klancko, 2003; Donget al., 2018). Groundwater which is used for drinking is the major source of arsenic exposure for several millions of people in the world (Klancko, 2003). Even 200 million people worldwide suffer from chronic arsenicosis due to drinking arsenic-contaminated water (Flora, 2011). In natural water; the concentration of arsenic normally ranges from 1 to 2µg/L (WHO,

2011). However, arsenic contamination in groundwater exceeds the recommendations of the World Health Organization and the US Environmental Protection Agency which is $\leq 10 \mu\text{g/L}$ (WHO, 2011; EPA US, 2001), whereas $50 \mu\text{g/L}$ arsenic is considered as an acceptable level for drinking water in many developing countries including India (Sarkar et al., 2017; BIS, 2010). Such levels reach $800 \mu\text{g/L}$ to $1980 \mu\text{g/L}$ in different contaminated area of the world (Dipp et al., 2018).

Arsenic trioxide is helpful for aquatic weed control but its excess use is detrimental to the aquatic ecosystems that may cause adverse effects on aquatic organisms health, due to their suitability to accumulate in aquatic organisms especially fish because in aquatic environment fish is considered as the top predators which is exposed to more arsenic than other species (Dong et al., 2018; Roy & Bhattacharya, 2006; Pei et al., 2019). Arsenic change normal physiological condition of the cell leading to generation of reactive oxygen species (ROS), which disorganize cellular redox balance leading to oxidative stress, further, modulates antioxidant system that is well documented in fish (Jomova et al., 2011; Ventura-Lima et al., 2011). In addition it also damages biomolecules such as DNA and protein resulting in to physiological and histopathological alteration in fish (Mondal et al., 2021). For instance earlier reports manifested that exposure to low arsenic trioxide concentrations generate oxidative stress and decrease zebrafish growth and also induce apoptosis in zebrafish (Dong et al., 2018).

Liver is the principal organ of several key metabolic pathways. The teleost liver considered as one of the most sensitive organs, which plays a major role in the uptake, biotransformation, and excretion of xenobiotic or aquatic pollutants (Roy & Bhattacharya, 2006). Zebrafish liver resembles the human liver in cellular structure, function, and genetics (Teame et al., 2019). Previous studies on different species showed that the ingested arsenic mainly accumulates in the intestine and liver (Pei et al., 2019; Sims et al., 2019; Shi et al., 2020). Dubey et al. (2014) demonstrated that chronic exposure of arsenic trioxide induced hepatotoxicity in relation to arsenic accumulation in liver of rats. Likewise,

Intestine is the multifunctional organ crucial for water and electrolyte balance, digestion, metabolism, and immunity (Buddington et al., 1997). Morphogenesis and development of the intestine are indistinguishable in fish and mammals, even though most of the fishes lack crypts but produce the same main cell types such as enterocytes, goblet cells and enteroendocrine cells (Sims et al., 2019). Fish intestine plays a principal role in osmoregulation (Zhao et al., 2019) and absorb xenobiotics (Painefilú et al., 2019). Fish can intake arsenic directly dissolved in the aquatic medium, primarily mediated into cell by aquaglyceroporins (AQPs), which plays an important role in cellular arsenic uptake in teleost fish including zebrafish (Jung et al., 2015; Hamdi et al., 2009).

Assessment of pollutant's impact and their environmental risk on the aquatic ecological system is necessary for the safety of human health. The data obtained as a response of model organism to toxic substances are essential for risk management (Wei et al., 2021). The zebrafish is one of the popular vertebrate models for rapid toxicology screening as well as to study developmental biology, cancer biology, drug discovery, and molecular genetics (Khan & Alhewairini, 2018). Zebrafish has come out as an important model for aquatic toxicology research because the degree of homology with the human genome is approximately 87% and specific organ systems are strikingly conserved with mammalian organ system, also it has been widely used as tool for finding toxins in water samples. These points make zebrafish a tremendous complementary system for research in animal health (Wei et al., 2021; Khan & Alhewairini, 2018; Bambino & Chu, 2017).

The present study has been planned to investigate the morphological description of liver and intestine tissue through histopathological and 8-OHdG analysis. Histopathological investigation is a direct and efficient tool for physiological evaluation, selected in order to assess the detrimental effect of arsenic trioxide (Lam et al., 2006). 8-OHdG activity was also evaluated as a biomarker of oxidative DNA damage, which is broadly employed for assessment of arsenic induced genotoxicity (Faita et al., 2013).

MATERIAL AND METHODS

Zebrafish Maintenance

Adult wild-type zebrafish (*Daniorerio*) were obtained from the authorized fish supplier, housed, and acclimatized in a glass tank (15 lit.) under laboratory conditions for two weeks. All exposure conditions were maintained the same, with a density of 3fish/L water, with a water temperature of $27 \pm 1.5^{\circ}\text{C}$, photoperiod of 14-h light/10-h dark, and pH 7.0 ± 0.5 . The commercially available fish feed was provided twice a day and aquarium water was renewed every day consistently. For experimentation on zebrafish prior permission was obtained by the Institutional Animal Ethics Committee of the University (No. 379/S/01/CPCSEA). During experimentation standard protocol and procedure followed.

Chemical Exposure Protocol

Arsenic trioxide (CAS NO: A1010, purity 99% Sigma Aldrich) was dissolved in 1N NaOH to obtain a stock solution, which was further used to prepare the fresh diluted solution. After acclimatization, zebrafish were randomly divided into three groups, one control and the other two groups were exposed to arsenic trioxide (50ppb, and 500ppb). Followed the 90 days arsenic trioxide (As_2O_3) exposure, zebrafish were anesthetized using ice-cold water, targeted organs liver and intestine were dissected out for further experimentation. The choice of a treatment regimen was based upon the literature (Sarkar et al., 2014, 2017; Dipp et al., 2018; Babich & Van Beneden 2019).

Histopathological Examination

After the sacrifice of fish, liver and intestine were dissected out from control and arsenic trioxide exposed fish and fixed immediately with freshly prepared 4% paraformaldehyde for 24 hrs. Following fixation, tissue were dehydrated in an ascending series of ethanol, cleared in xylene, embedded in paraffin, and sectioned at $6 \mu\text{m}$ thickness using microtome and finally mounted on gelatine-coated slides. After deparaffinization, staining was carried out with Haematoxylin and Eosin (H&E) staining; the stained sections were mounted in DPX and covered with cover glass. Images of the stained sections were captured at 400x magnification using an inverted microscope (Magnus INVI trinocular microscope).

Immunohistochemical Examination

The immunofluorescence was performed with the primary antibodies against 8-OHdG (Sc-66036, Santa Cruz Biotechnology) in 1:500 dilution. A secondary antibody conjugated with Alexa Fluor 488 was used in a 1:500 dilution and counterstained with 4', 6-diamidino-2-phenylindole (DAPI) to label nuclei. Specimens were processed as described by Maurya & Mishra (2017). The immunofluorescence images were obtained with a confocal microscope (Confocal Laser Scanning Microscope (CLSM) MEA53100, Nikon Corporation). The images were further quantified using the software Image J.

Statistical Analysis

The data obtained was analyzed with the one-way analysis of variance (ANOVA) using SPSS software (version Statistics V26, Windows XP) followed by Tukey's post hoc test at $P < 0.05$ for multiple comparisons of mean.

RESULT

Histopathological Analysis

The histological examination of liver sections of control group presented normal histoarchitecture in which hepatocytes arranged compactly with centrally located nucleus (Fig. 1A). In the experimental groups exposed to different doses of arsenic trioxide, histopathological changes were observed increased with dose-dependent manner, exhibiting a large number of vacuolization of hepatocytes and pyknotic nuclei in 50ppb exposure group (Fig. 1B) whereas in 500ppb exposure group, shrinkage of hepatocytes with increased hepatic plate gap in the liver, blood spaces were observed (Fig. 3C). Microscopic examination of the intestine of control zebrafish exhibited normal intestine histoarchitecture with villi, surrounded by a mucous layer. Within the villi mucus-producing goblet cells and the enterocytes and lamina propria is present (Fig. 1D). In case of arsenic trioxide exposed groups, vacuolization of the enterocytes, hyperplasia of goblet cells, displacement of the lamina propria, and disruption of the apical cytoplasm of epithelial cells have been observed (Fig. 1E, 1F).

Histopathological images of Liver and Intestine

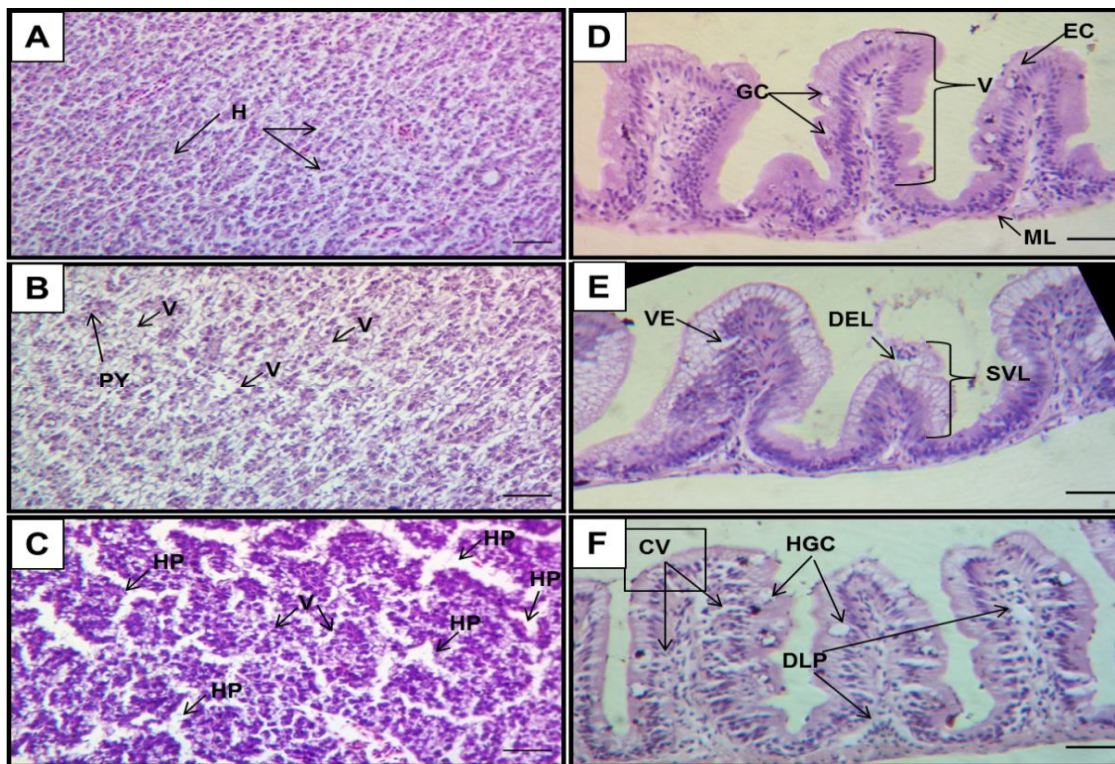


Figure 1: Histopathological study of zebrafish Liver (A, B, C) and Intestine (D, E, F) stained with Haematoxylin and Eosin (400X). Liver: A. Control; B& C. 50ppb and 500ppb As_2O_3 exposed respectively. Arrow indicates (H) hepatocytes; (V) vacuolization in hepatocytes; (Py) Pyknotic nuclei; (HP) hepatic plate. Intestine: D. Control; E& F. 50ppb and 500ppb As_2O_3 exposed. Arrow indicates (V) is the villi; (EC) enterocytes; (GC) goblet cells; (ML) muscle layer; (VE) vacuolization of the enterocytes; (DEL) detachment of the epithelium; (SVL) shorten villi length; (DLP) displacement of the lamina propria; (HGC) hyperplasia of goblet cells; (CV) cracking of villi.

Immunohistochemical Analysis

An immunofluorescence study revealed a statistically significant difference in terms of fluorescence intensity in the liver and intestine. In case of control tissues a very slight immunoreactivity observed. The immunofluorescence reaction of 8-OHdG enhancement was directly proportioned to arsenic trioxide concentrations when compared to the control group. Moderate to high level immunofluorescence reaction of 8-OHdG was detected in the liver exposed to 50

ppb and 500ppb As_2O_3 groups respectively (Fig. 2A, C $p < 0.05$). An immunofluorescence reaction was detected at a moderate level in the intestine tissues exposed to 50ppb of As_2O_3 , whereas immunofluorescence reaction increase severely in the intestine tissues exposed to 500ppb of As_2O_3 in comparison to control (Fig. 2B, D $p < 0.05$).

Immunohistochemistry Images of Liver and Intestine

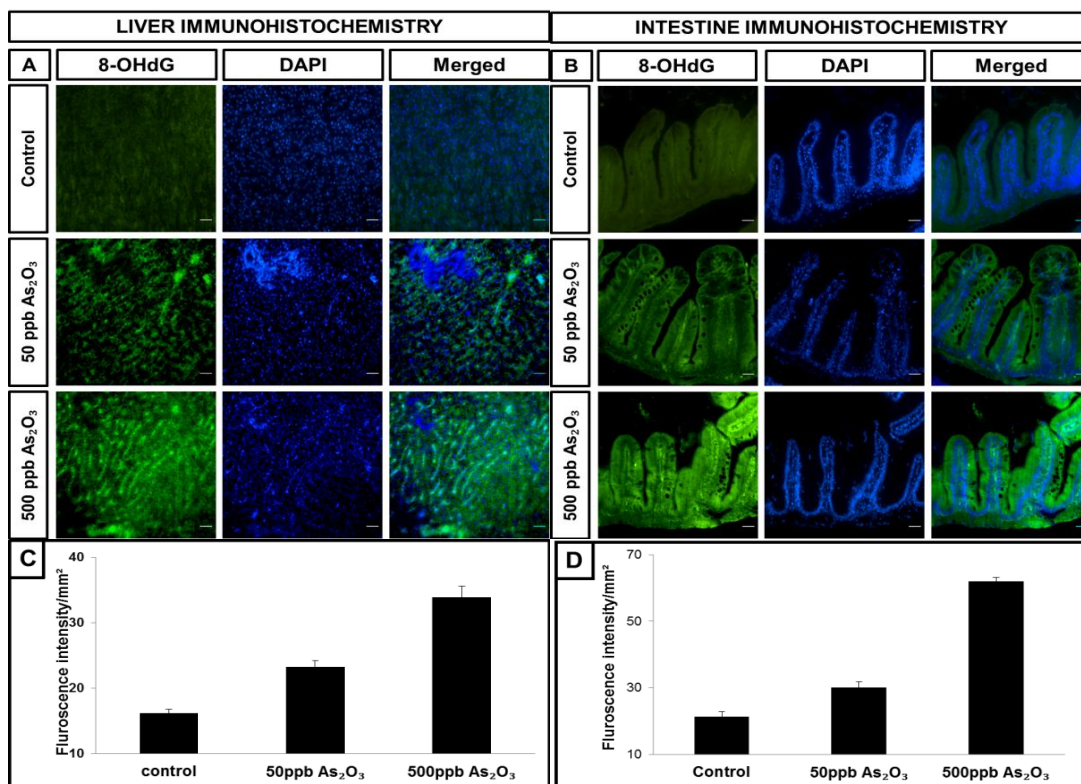


Figure 2: Representative photographs showing Immunofluorescence stains with 8-OHdG (green), DAPI (blue) and Merged (8-OHdG + DAPI). Image A and B represent 8-OHdG immunofluorescence intensity in Liver and Intestine, respectively. C and D Bar charts showing the statistical analysis of the immunofluorescence staining in Liver and Intestine respectively calculated through image J software. The relative fluorescence intensity was expressed as the mean \pm SD with $p < 0.05$ (Scale bar = 20 μ m).

DISCUSSION

Arsenic trioxide is a worldwide metalloid pollutant in the environment, which is a major threat to animal health (Sun et al., 2020). Fish considered as the best model organism for evaluation of aquatic environmental toxicity and very sensitive to environmental change also have an evolutionary relationship with mammals and play an important role in toxicity assessment associated with pollution in the aquatic environment (Carvan et al., 2007). Zebrafish is one of the popular vertebrate models to study toxicogenomics (Khan & Alhewairini, 2018).

There are many studies on the arsenic toxicity in the teleost liver, whereas studies on the intestine toxicity due to arsenic are rather insufficient. In the present study, the chronic effects of arsenic trioxide from low to high concentration observed in zebrafish, which showed organ-specific and dose-dependent

histopathological alterations and DNA damage. These alterations were observed even at low concentration exposed group but more pronounced in the group exposed to the high concentration of arsenic trioxide. The present histopathological study of liver showed severe changes in the fish exposed to arsenic trioxide. The intensity of histopathological changes gradually increases with increased concentration of arsenic trioxide, revealed a large number of vacuolization, shrinkage of hepatocytes with increased hepatic plate gap. Vacuolization of hepatocytes is linked with the inhibition of protein synthesis, disaggregation of microtubules which is common in metal toxicities (Ahmed et al., 2013). Lipid/glycogen deposition is the origin of hepatic vacuolization, because lipid metabolism/transport pathway in zebrafish liver is sensitive to perturbation via arsenic exposure (Li et al., 2016). Previous study suggested that arsenic exposure caused hepatotoxicity, with disturbance in

cytochrome P-1A (CYP1A) activity, which is functional in detoxification and biotransformation (Zhao et al., 2019a). Similar histopathological observations were reported in a previous study on zebrafish (Sarkar et al., 2017). Histopathological changes have also been recorded in several other fish species such as tilapia (*Oreochromismossambicus*) in which macrophage infiltration, congestion, vacuolization and shrinkage of hepatocytes, dilation of sinusoids, and vacuolar degeneration after arsenic exposure were observed (Ahmed et al., 2013). Another study on the liver of shingi fish (*Heteropneustesfossilis*) showed histopathological alteration after chronic arsenic exposure (Begum et al., 2014). Roy & Bhattacharya (2006) observed a significant histopathological alteration in the liver of freshwater channafish (*Channapunctatus*) after exposure to nonlethal concentrations of arsenic trioxide.

Based on the present histopathological analysis of intestine, vacuolization and splitting of the enterocytes, cracking of villi and epithelial damage were observed in the arsenic trioxide exposed zebrafish intestine tissue after 90 days. The previous results showed that the most pronounced accumulation of arsenic occurred at day 90 in zebrafish (Liu et al., 2006). It has also been demonstrated that arsenic could induce microbiotadysbiosis in the gut of zebrafish (Dahan et al., 2018). Gut microbiome aberrations or dysbiosis can affect the health status of the host because gut microbes can metabolize xenobiotics and alter their bioavailability thus, gut microbes can perform xenobiotic reductions, but disruption of intestine microbes may alter the permeability of the gut leading to abnormal absorption of xenobiotics (Shi et al., 2020; Qiao et al., 2019; Bertotto et al., 2020) and this might be the basis of arsenic induce intestine toxicity. The present observations are in accordance with the Begum et al. (2014) study where the effects of arsenic on fish intestine show damaged serosa and mucosa, increase in the number of goblet (mucosal) cells and degeneration of villi after 60 days of arsenic exposure in shingi fish (*Heteropneustesfossilis*). Another study exhibited a significant reduction in intestinal villus height and decrease in proliferating cell nuclear antigen (PCNA+) in the intestinal cells of killi fish (*Fundulusheteroclitus*) exposed to arsenic (Sims et al., 2019). In one of the study,

histopathological damage observed in intestine of common carp (*Cyprinuscaurio*) insulted by arsenic showed infiltrated inflammatory cells, shedding and swelling intestinal villi, and massive goblet cells (Zhao et al., 2019b).

The assessment of the oxidative stress has been regarded as a sensitive tool for the evaluation of toxicity produced by various aquatic environmental pollutants including metals in fish (Ratn et al., 2018). When the Reactive oxygen species (ROS) surpassed the antioxidant defense system, subsequently oxidative stress generated. Oxidative stress mediated by reactive oxygen species (ROS) is a common impression of arsenic toxicity (Khafaga et al., 2020; Hu et al., 2020). For instance, one study suggested that arsenic trioxide induce extensive oxidative stress in the brain, liver and kidney of zebrafish (sarkar et al., 2014, 2017). It can also cause gills toxicity and alter the antioxidant system in zebrafish exposed to arsenic for two days (Ventura-Lima., 2009a). Whereas exposure of arsenite and arsenate to common carp (*Cyprinuscaurio*) leads to imbalance in antioxidant system of gills and liver (Ventura-Lima et al., 2009b). The antioxidant system in the liver of goldfish (*Carassiusauratus*) also modulates due to arsenite induced oxidative stress (Bagnyukova et al., 2007). Antioxidant enzymes considered as the first line of defensive mechanisms against oxidative stress for detoxification and scavenging the ROS. Superoxide dismutase (SOD) catalyzes the transformation of superoxide (O_2^-) to hydrogen peroxide (H_2O_2) and molecular oxygen (O_2), among which the former itself is a highly toxic free radical responsible for the formation of another deleterious ROS, hydroxyl radical ($OH\cdot$) through Fenton reaction (Mondal et al., 2019). Hydroxyl radicals are known to cause 8-OHdG or 8-OHG through hydroxylation at the C-8 position of deoxyguanosine or guanosine residues in DNA (Baran et al., 2021). 8-OHdG is known as a biomarker of oxidative stress and DNA damage (Arslan et al., 2017). It has been described earlier that there is a linear correlation between ROS generation and 8-OHdG formation and this occurrence indicate that ROS can result in to the formation of 8-OHdG (Topal et al., 2017).

According to observations of the present study arsenic trioxides cause 8-OHdG

immunofluorescence positivity in the liver and intestine tissue in a dose-dependent manner. Similar observations have been found in other species e.g. arsenic trioxide induced DNA damage in the brain of mice when 4ppm of arsenic was given through drinking water for 60 days (Hong et al., 2009). Study showed that arsenic-induced hepatotoxicity is related to its potential to induce aberrant DNA methylation during hepatocarcinogenesis (Bagnyukova et al., 2007). Arsenite also may interfere with the DNA repair system, cause DNA damage via production of ROS (Seok et al., 2007). Moreover, it can be hypothesized that DNA damage in different tissue of zebrafish might also be accompanying to genic abnormalities induced by arsenic trioxide.

CONCLUSION

The present study demonstrates that exposure of arsenic trioxide to zebrafish induce oxidative stress leads to the 8-OHdG adduct formation, a marker of DNA damage and also induce severe histopathological changes in intestine and liver of zebrafish. Therefore zebrafish species can be used as bio indicator of heavy metals in environment by studying the genotoxicity and histopathological changes to elucidate the mechanism of hepatotoxicity and intestinal toxicity.

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Conflict of Interest

The authors have no conflicts of interest

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